

Chapter 11 Organizer

Section/Objectives	Standards		Lab and Demo Planning
Chapter Opener	See page 14T for a key to the standards.		
	National	State/Local	
<p>Section 11.1</p> <ol style="list-style-type: none"> Use a model to relate work and energy. Calculate kinetic energy. Determine the gravitational potential energy of a system. Identify how elastic potential energy is stored. 	UCP.1, UCP.2, UCP.3, A.1, A.2, B.4, B.5		<p>Student Lab: Launch Lab, p. 285: basketball, metric ruler, graph paper</p> <p>Teacher Demonstration: Quick Demo, p. 287: strong spring</p>
<p>Section 11.2</p> <ol style="list-style-type: none"> Solve problems using the law of conservation of energy. Analyze collisions to find the change in kinetic energy. 	UCP.1, UCP.2, UCP.3, A.1, A.2, B.4, B.5, E.1		<p>Student Lab: Additional Mini Lab, p. 295: pendulum connected to support rod</p> <p>Mini Lab, p. 301: three steel balls of various masses, laboratory cart with spring mechanism, meterstick</p> <p>Physics Lab, pp. 302–303: grooved track (two sections), marble or steel ball, stopwatch, block of wood, electronic balance, metric ruler, graphing calculator</p> <p>Teacher Demonstration: Quick Demo, p. 295: string, clay, lab support, empty soda can</p> <p>Quick Demo, p. 297: large rubber ball, smaller rubber ball</p>

Differentiated Instruction

L1 Level 1 activities should be appropriate for students with learning difficulties.

L2 Level 2 activities should be within the ability range of all students.

L3 Level 3 activities are designed for above-average students.

Legend — Transparency CD-ROM MP3 Videocassette DVD WEB

Reproducible Resources and Transparencies	Technology
<p>FAST FILE Chapters 11–15 Resources, Chapter 11 Transparency 11-1 Master, p. 21 Transparency 11-2 Master, p. 23 Study Guide, pp. 9–14 Section 11-1 Quiz, p. 15 Teaching Transparency 11-1 Teaching Transparency 11-2 Connecting Math to Physics</p>	<p>TeacherWorks™ includes: Interactive Teacher Edition ■ Lesson Planner with Calendar ■ Access to all Blacklines ■ Correlation to Standards ■ Web links</p> <ul style="list-style-type: none"> Interactive Chalkboard CD-ROM: Section 11.1 Presentation TeacherWorks™ CD-ROM
<p>FAST FILE Chapters 11–15 Resources, Chapter 11 Transparency 11-3 Master, p. 25 Study Guide, pp. 9–14 Reinforcement, p. 17 Enrichment, pp. 19–20 Section 11-2 Quiz, p. 16 Mini Lab Worksheet, p. 3 Physics Lab Worksheet, pp. 5–8 Teaching Transparency 11-3 Connecting Math to Physics Laboratory Manual, pp. 53–56</p>	<ul style="list-style-type: none"> Interactive Chalkboard CD-ROM: Section 11.2 Presentation TeacherWorks™ CD-ROM Problem of the Week at physicspp.com Mechanical Universe: Conservation of Energy

Assessment Resources	
<p>FAST FILE Chapters 11–15 Resources, Chapter 11 Chapter Assessment, pp. 27–32</p> <p>Additional Challenge Problems, p. 11 Physics Test Prep, pp. 21–22 Pre-AP/Critical Thinking, pp. 21–22 Supplemental Problems, pp. 21–22</p>	<p>Technology</p> <ul style="list-style-type: none"> Interactive Chalkboard CD-ROM: Chapter 11 Assessment ExamView® Pro Testmaker CD-ROM Vocabulary PuzzleMaker TeacherWorks™ CD-ROM physicspp.com

Chapter Overview

The chapter discusses specific types of kinetic and potential energies. The concept of conservation of energy is introduced and followed by a discussion of the conservation of mechanical energy.

Think About This

As the skier moves down the ramp, the skier's potential energy is being converted into kinetic energy and thermal energy. To decrease thermal energy due to fluid and kinetic friction, the skier assumes a crouched position and uses waxed skis. Ideally, the distance that the skier can jump depends on the magnitude and direction of the skier's velocity at the bottom of the ski ramp. If mechanical energy is conserved along the ramp, the skier's speed equals \sqrt{gh} , where g is the acceleration due to gravity and h is the height of the ramp. For more details, see page 294.

► Key Terms

rotational kinetic energy, p. 287
gravitational potential energy, p. 288
reference level, p. 288
elastic potential energy, p. 291
law of conservation of energy, p. 293
mechanical energy, p. 293
thermal energy, p. 295
elastic collision, p. 298
inelastic collision, p. 298

What You'll Learn

- You will learn that energy is a property of an object that can change the object's position, motion, or its environment.
- You will learn that energy changes from one form to another, and that the total amount of energy in a closed system remains constant.

Why It's Important

Energy turns the wheels of our world. People buy and sell energy to operate electric appliances, automobiles, and factories.

Skiing The height of the ski jump determines the energy the skier has at the bottom of the ramp before jumping into the air and flying many meters down the slope. The distance that the ski jumper travels depends on his or her use of physical principles such as air resistance, balance, and energy.

Think About This ►

How does the height of the ski ramp affect the distance that the skier can jump?



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David Madison Sports Images



LAUNCH Lab



Purpose to introduce the concepts of potential energy, kinetic energy, and collisions

Materials basketball, metric ruler, graph paper

Teaching Strategies You may wish to provide a motion detector (sonic ranger), a computer, and a CBL attached to a graphing calculator to plot data from the lab. Remind students to measure the bounce height from the bottom of the basketball.

Expected Results

Drop Height (m)	Bounce Height (m)
1.0	0.4
0.8	0.3
0.5	0.2
0.3	0.1

LAUNCH Lab



How can you analyze the energy of a bouncing basketball?

Question

What is the relationship between the height a basketball is dropped from and the height it reaches when it bounces back?

Procedure

1. Place a meterstick against a wall. Choose an initial height from which to drop a basketball. Record the height in the data table.
2. Drop the ball and record how high the ball bounced.
3. Repeat steps 1 and 2 by dropping the basketball from three other heights.
4. **Make and Use Graphs** Construct a graph of bounce height (y) versus drop height (x). Find the best-fit line.

Analysis

Use the graph to find how high a basketball would bounce if it were dropped from a height of 10.0 m.

When the ball is lifted and ready to drop, it possesses energy. What are the factors that influence this energy?

Critical Thinking Why doesn't the ball bounce back to the height from which it was dropped?



11.1 The Many Forms of Energy

The word *energy* is used in many different ways in everyday speech. Some fruit-and-cereal bars are advertised as energy sources. Athletes use energy in sports. Companies that supply your home with electricity, natural gas, or heating fuel are called energy companies.

Scientists and engineers use the term *energy* much more precisely. As you learned in the last chapter, work causes a change in the energy of a system. That is, work transfers energy between a system and the external world.

In this chapter, you will explore how objects can have energy in a variety of ways. Energy is like ice cream—it comes in different varieties. You can have vanilla, chocolate, or peach ice cream. They are different varieties, but they are all ice cream and serve the same purpose. However, unlike ice cream, energy can be changed from one variety to another. In this chapter, you will learn how energy is transformed from one variety (or form) to another and how to keep track of the changes.

Objectives

- **Use** a model to relate work and energy.
- **Calculate** kinetic energy.
- **Determine** the gravitational potential energy of a system.
- **Identify** how elastic potential energy is stored.

Vocabulary

rotational kinetic energy
gravitational potential energy
reference level
elastic potential energy

Analysis Answers will vary. Students can estimate the height of the bounce of a ball dropped from a 10 m height graphically or mathematically. Graphically, they can extrapolate their line-of-best-fit. Mathematically, they can create an algebraic equation that represents their data. Based upon the sample data the equation is $h = 0.4d$, where h is the height of the bounce and d is the distance in which the ball is dropped. In either case, the estimated height of the bounce is 4 m.

Critical Thinking When the ball strikes the ground, the ball is flexed. This flexing charges the kinetic energy into thermal energy and raises (ever so slightly) the temperature of the ball and floor. This conversion of energy means that the ball has less energy and will not bounce back to the original height. With each subsequent bounce, kinetic energy is converted to thermal energy. Eventually, all the initial potential energy is lost, and the ball comes to rest.

1 FOCUS

Bellringer Activity

Toys, KE, and Energy Sources

Gather a good collection of toys—some using energy from batteries, some spring energy, and some gravitational potential energy—that all show energy transformations. Have students manipulate and observe the toys. Ask what obvious type of energy all the toys have in common. **potential and kinetic energy** Ask students to brainstorm some sources that supply energy that make it possible for toys to move. **Possible answers:** batteries, wound springs, gravity

Visual-Spatial

Tie to Prior Knowledge

Work-Energy Theorem The students are introduced to a monetary model to reinforce the work-energy theorem presented in the previous chapter. The monetary model is then expanded to include types of energy other than kinetic energy.



PowerPoint® Presentations

This CD-ROM is an editable Microsoft® PowerPoint® presentation that includes:

- Section presentations
- Interactive graphics
- Image bank
- All transparencies
- Audio reinforcement
- All new Section and Chapter Assessment questions
- Links to physicspp.com

2 TEACH

Using an Analogy

Rotational Energy Explain that the equation representing rotational kinetic energy,

$KE_{\text{rot}} = \frac{1}{2} I\omega^2$, is analogous to the equation for translational kinetic energy, $KE = \frac{1}{2} mv^2$, because

each part of the former corresponds to a part of the latter. The moment of inertia, I , which depends on the mass and shape of an object, corresponds to the mass, m , of a point object, and the angular velocity, ω , to the translational velocity, v . Ask students to develop an analogous equation for angular momentum. **10 L2**

Discussion

Question According to Figure 11-2, the work you do on a ball in throwing it and the work you do on the ball in catching it are equal in magnitude. Does the figure indicate that it takes the same size force to throw a ball as to catch it?

Answer Not necessarily; $W = Fd$. In catching the ball, the average force acts over a smaller distance, so the average force needed to catch the ball is usually larger than the average force needed to throw the ball. This conclusion is also supported by analysis using the impulse-momentum theorem.

L1 Interpersonal

Page 23, **FAST FILE**
Chapters 11–15 Resources



Transparency 11-1
Kinetic Energy

<p>20.0 m/s 20.0 kg $KE = \frac{1}{2}(20.0 \text{ kg})(20.0 \text{ m/s})^2 = 4.00 \times 10^3 \text{ J}$ When velocity doubles then KE increases by a factor of 4. (Compare to 1)</p>	<p>20.0 m/s 40.0 kg $KE = \frac{1}{2}(40.0 \text{ kg})(20.0 \text{ m/s})^2 = 8.00 \times 10^3 \text{ J}$ When mass doubles then KE doubles. (Compare to 1)</p>
<p>10.0 m/s 20.0 kg $KE = \frac{1}{2}(20.0 \text{ kg})(10.0 \text{ m/s})^2 = 1.00 \times 10^3 \text{ J}$ $KE = \frac{1}{2}(20.0 \text{ kg})(20.0 \text{ m/s})^2 = 4.00 \times 10^3 \text{ J}$ When mass doubles then KE doubles. (Compare to 1)</p>	<p>10.0 m/s 40.0 kg $KE = \frac{1}{2}(40.0 \text{ kg})(10.0 \text{ m/s})^2 = 2.00 \times 10^3 \text{ J}$ $KE = \frac{1}{2}(40.0 \text{ kg})(20.0 \text{ m/s})^2 = 8.00 \times 10^3 \text{ J}$ When mass and velocity both double the KE increases by a factor of 8. (Compare to 1)</p>

Figure 11-1 When you earn money, the amount of cash that you have increases **(a)**. When you spend money, the amount of cash that you have decreases **(b)**.

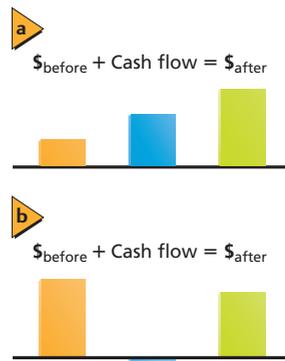
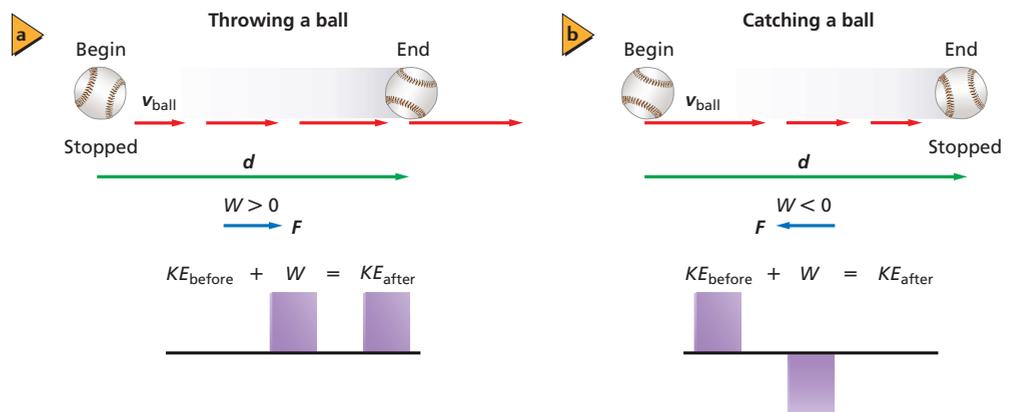


Figure 11-2 The kinetic energy after throwing or catching a ball is equal to the kinetic energy before plus the input work.



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A Model of the Work-Energy Theorem

In the last chapter, you were introduced to the work-energy theorem. You learned that when work is done on a system, the energy of that system increases. On the other hand, if the system does work, then the energy of the system decreases. These are abstract ideas, but keeping track of energy is much like keeping track of your spending money.

If you have a job, the amount of money that you have increases every time you are paid. This process can be represented with a bar graph, as shown in **Figure 11-1a**. The orange bar represents how much money you had to start with, and the blue bar represents the amount that you were paid. The green bar is the total amount that you possess after the payment. An accountant would say that your cash flow was positive. What happens when you spend the money that you have? The total amount of money that you have decreases. As shown in **Figure 11-1b**, the bar that represents the amount of money that you had before you bought that new CD is higher than the bar that represents the amount of money remaining after your shopping trip. The difference is the cost of the CD. Cash flow is shown as a bar below the axis because it represents money going out, which can be shown as a negative number. Energy is similar to your spending money. The amount of money that you have changes only when you earn more or spend it. Similarly, energy can be stored, and when energy is spent, it affects the motion of a system.

Throwing a ball Gaining and losing energy also can be illustrated by throwing and catching a ball. In Chapter 10, you learned that when you exert a constant force, F , on an object through a distance, d , in the direction of the force, you do an amount of work, represented by $W = Fd$. The work is positive because the force and motion are in the same direction, and the energy of the object increases by an amount equal to W . Suppose the object is a ball, and you exert a force to throw the ball. As a result of the force you apply, the ball gains kinetic energy. This process is shown in **Figure 11-2a**. You can again use a bar graph to represent the process. This time, the height of the bar represents the amount of work, or energy, measured in joules. The kinetic energy after the work is done is equal to the sum of the initial kinetic energy plus the work done on the ball.

11.1 Resource MANAGER

FAST FILE Chapters 11–15 Resources

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Transparency 11-2 Master, p. 23
Study Guide, pp. 9–14
Section 11-1 Quiz, p. 15

Teaching Transparency 11-1
Teaching Transparency 11-2
Connecting Math to Physics

Technology

TeacherWorks™ CD-ROM
Interactive Chalkboard CD-ROM
ExamView Pro® TestMaker CD-ROM

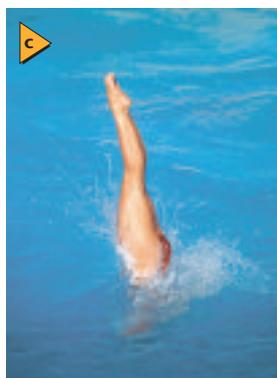
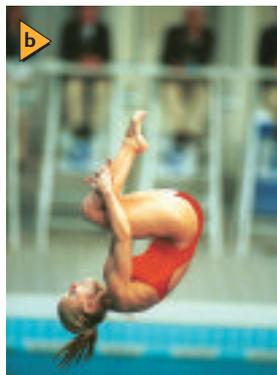
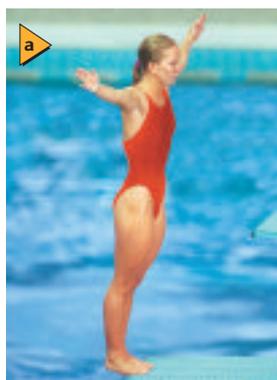
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Catching a ball What happens when you catch a ball? Before hitting your hands or glove, the ball is moving, so it has kinetic energy. In catching it, you exert a force on the ball in the direction opposite to its motion. Therefore, you do negative work on it, causing it to stop. Now that the ball is not moving, it has no kinetic energy. This process and the bar graph that represents it are shown in **Figure 11-2b**. Kinetic energy is always positive, so the initial kinetic energy of the ball is positive. The work done on the ball is negative and the final kinetic energy is zero. Again, the kinetic energy after the ball has stopped is equal to the sum of the initial kinetic energy plus the work done on the ball.

Kinetic Energy

Recall that kinetic energy, $KE = \frac{1}{2}mv^2$, where m is the mass of the object and v is the magnitude of its velocity. The kinetic energy is proportional to the object's mass. A 7.26-kg shot put thrown through the air has much more kinetic energy than a 0.148-kg baseball with the same velocity, because the shot put has a greater mass. The kinetic energy of an object is also proportional to the square of the object's velocity. A car speeding at 20 m/s has four times the kinetic energy of the same car moving at 10 m/s. Kinetic energy also can be due to rotational motion. If you spin a toy top in one spot, does it have kinetic energy? You might say that it does not because the top is not moving anywhere. However, to make the top rotate, someone had to do work on it. Therefore, the top has **rotational kinetic energy**. This is one of the several varieties of energy. Rotational kinetic energy can be calculated using $KE_{\text{rot}} = \frac{1}{2}I\omega^2$, where I is the object's moment of inertia and ω is the object's angular velocity.

The diver, shown in **Figure 11-3a**, does work as she pushes off of the diving board. This work produces both linear and rotational kinetic energies. When the diver's center of mass moves as she leaps, linear kinetic energy is produced. When she rotates about her center of mass, as shown in **Figure 11-3b**, rotational kinetic energy is produced. Because she is moving toward the water and rotating at the same time while in the tuck position, she has both linear and rotational kinetic energy. When she slices into the water, as shown in **Figure 11-3c**, she has linear kinetic energy.



■ **Figure 11-3** The diver does work as she pushes off of the diving board (**a**). This work produces rotational kinetic energy as she rotates about her center of mass (**b**) and she has linear kinetic energy when she slices into the water (**c**).

PRACTICE Problems Additional Problems, Appendix B

1. A skater with a mass of 52.0 kg moving at 2.5 m/s glides to a stop over a distance of 24.0 m. How much work did the friction of the ice do to bring the skater to a stop? How much work would the skater have to do to speed up to 2.5 m/s again?
2. An 875.0-kg compact car speeds up from 22.0 m/s to 44.0 m/s while passing another car. What are its initial and final energies, and how much work is done on the car to increase its speed?
3. A comet with a mass of 7.85×10^{11} kg strikes Earth at a speed of 25.0 km/s. Find the kinetic energy of the comet in joules, and compare the work that is done by Earth in stopping the comet to the 4.2×10^{15} J of energy that was released by the largest nuclear weapon ever built.

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Ken Redmond/Ken Redmond Photography

QUICK DEMO

Work and Potential Energy

Estimated Time 5 minutes

Materials strong spring, goggles

Procedure Ask for a student volunteer to come to the front of the room and put on a pair of goggles. Hand the student the spring and ask him or her to pull the ends to noticeably stretch it. Ask the class whether work was done in stretching the spring. **Yes, a force produced a displacement in the direction of the force.** Write $W = Fd$ on the chalkboard. Have students identify F and d . F is the force needed to stretch the spring, and d is the distance the spring stretched from its rest position. Ask students whether it took energy to stretch the spring and whether the energy is still available in the stretched spring. **Yes, the student supplied energy to stretch the spring, and the energy is available because the stretched spring can be used to move another object.**

PRACTICE Problems

1. $-160, +160$ J
2. initial kinetic energy = 2.12×10^5 J; final kinetic energy = 8.47×10^5 J; work done = 6.35×10^5 J
3. 2.45×10^{20} J; 5.8×10^4 bombs would be required to produce the same amount of energy used by Earth in stopping the comet.

Teacher F.Y.I.

CONTENT BACKGROUND

Hooke's Law Hooke's law states that the force necessary to elongate a spring a small distance x is proportional to the elongation. That is, $F \propto x$. This proportionality can be stated as the equation, $F = kx$, where k is the spring constant. (The spring constant is an indication of the spring's stiffness.) The work done in elongating the spring equals $\frac{1}{2}kx^2$. The potential energy stored in an elongated spring is given by the equation $PE_{\text{spring}} = \frac{1}{2}kx^2$.

Identifying Misconceptions

Energy is not a Vector Draw two equal masses moving in opposite directions with velocities $+v$ and $-v$. Ask students which mass has the greater momentum. **the mass with the positive velocity** Ask which has the greater kinetic energy. **The kinetic energies of the masses are equal.** Point out that squaring the velocity makes energy a positive quantity without direction. Write on the chalkboard, "Energy is not a vector."

L2 Logical-Mathematical

Using Figure 11-5

Have students draw free-body diagrams of the left and center oranges in the photo. Point out that the net force acting on each orange is its weight. Have students assume that the center orange is at the peak of its trajectory and then ask them if the values of KE and PE , respectively, are at a maximum or minimum. **The value of KE is minimum and that of PE is maximum.** Ask students if gravity is doing positive or negative work on the left orange. **negative work** Explain that it is negative work because the force on the orange is in the opposite direction of the displacement.

$$W = Fd \cos \theta$$

$$\theta = 180^\circ \Rightarrow \cos 180^\circ = -1$$

Ask where the left orange will have its maximum PE and minimum KE .

at the peak of its trajectory

L2 Visual-Spatial

Figure 11-4 Money in the form of bills, quarters, and pennies are different forms of the same thing.



Figure 11-5 Kinetic and potential energy are constantly being exchanged when juggling.



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Hutchings Photography

Stored Energy

Imagine a group of boulders high on a hill. These boulders have been lifted up by geological processes against the force of gravity; thus, they have stored energy. In a rock slide, the boulders are shaken loose. They fall and pick up speed as their stored energy is converted to kinetic energy.

In the same way, a small, spring-loaded toy, such as a jack-in-the-box, has stored energy, but the energy is stored in a compressed spring. While both of these examples represent energy stored by mechanical means, there are many other means of storing energy. Automobiles, for example, carry their energy stored in the form of chemical energy in the gasoline tank. Energy is made useful or causes motion when it changes from one form to another.

How does the money model that was discussed earlier illustrate the transformation of energy from one form to another? Money, too, can come in different forms. You can have one five-dollar bill, 20 quarters, or 500 pennies. In all of these cases, you still have five dollars. The height of the bar graph in Figure 11-4 represents the amount of money in each form. In the same way, you can use a bar graph to represent the amount of energy in various forms that a system has.

Gravitational Potential Energy

Look at the oranges being juggled in Figure 11-5. If you consider the system to be only one orange, then it has several external forces acting on it. The force of the juggler's hand does work, giving the orange its original kinetic energy. After the orange leaves the juggler's hand, only the force of gravity acts on it. How much work does gravity do on the orange as its height changes?

Work done by gravity Let h represent the orange's height measured from the juggler's hand. On the way up, its displacement is upward, but the force on the orange, F_g , is downward, so the work done by gravity is negative: $W_g = -mgh$. On the way back down, the force and displacement are in the same direction, so the work done by gravity is positive: $W_g = mgh$. Thus, while the orange is moving upward, gravity does negative work, slowing the orange to a stop. On the way back down, gravity does positive work, increasing the orange's speed and thereby increasing its kinetic energy. The orange recovers all of the kinetic energy it originally had when it returns to the height at which it left the juggler's hand. It is as if the orange's kinetic energy is stored in another form as the ball rises and is transformed back to kinetic energy as the ball falls.

Consider a system that consists of an object plus Earth. The gravitational attraction between the object and Earth is a force that always does work on the object as it moves. If the object moves away from Earth, energy is stored in the system as a result of the gravitational force between the object and Earth. This stored energy is called **gravitational potential energy** and is represented by the symbol PE . The height to which the object has risen is determined by using a **reference level**, the position where PE is defined to be zero. For an object with mass, m , that has risen to a height, h , above the reference level, gravitational potential energy is represented by the following equation.

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Transparency 11-2
Potential Energy at Varying Locations

<p>Earth $g = 9.80 \text{ m/s}^2$</p> <p>$PE = mgh$</p> <p>$PE = (20.0 \text{ kg})(9.80 \text{ m/s}^2)(20.0 \text{ m}) = 392 \text{ J}$</p>	<p>Earth $g = 9.80 \text{ m/s}^2$</p> <p>$PE = mgh$</p> <p>$PE = (20.0 \text{ kg})(9.80 \text{ m/s}^2)(30.0 \text{ m}) = 588 \text{ J}$</p>
<p>Moon $g = 1.62 \text{ m/s}^2$</p> <p>$PE = mgh$</p> <p>$PE = (20.0 \text{ kg})(1.62 \text{ m/s}^2)(20.0 \text{ m}) = 648 \text{ J}$</p>	<p>Mars $g = 3.72 \text{ m/s}^2$</p> <p>$PE = mgh$</p> <p>$PE = (20.0 \text{ kg})(3.72 \text{ m/s}^2)(20.0 \text{ m}) = 1490 \text{ J}$</p>

Physics Principles and Problems
Backling Transparencies

HELPING STRUGGLING STUDENTS

Activity

Juggling Motion Point out that the complicated motion of an orange shown in Figure 11-5 can be analyzed in four parts. (1) The upward force of the juggler's hand does positive work on the orange. Before the juggler releases the orange, the acceleration of this upward force increases the KE of the orange. (2) As the orange moves upward, its PE increases as its KE decreases because an unbalanced force—the force of gravity—is acting on it. At the top of its flight, the orange has its maximum PE . (3) As the orange falls, its PE decreases as its KE increases. (4) In catching the orange, the juggler does negative work to slow the orange to a stop, before repeating the first step. **L1 Visual-Spatial**

Gravitational Potential Energy $PE = mgh$

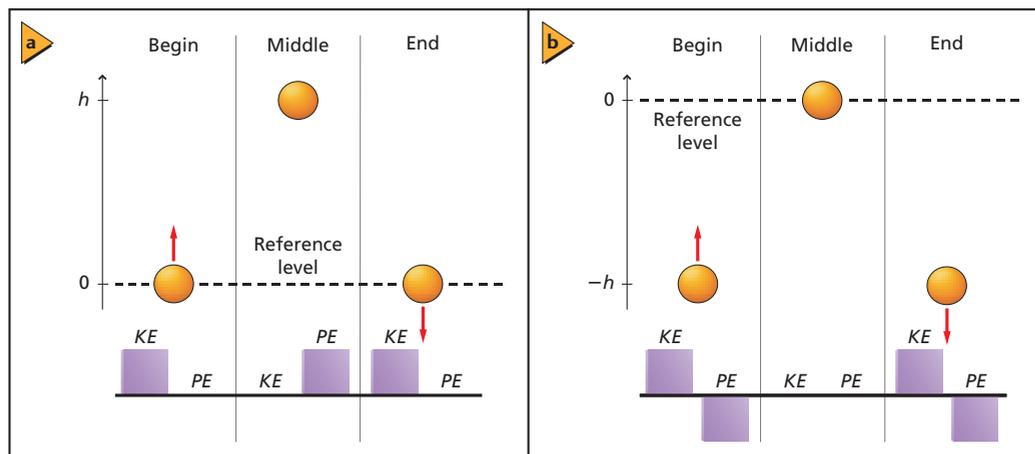
The gravitational potential energy of an object is equal to the product of its mass, the acceleration due to gravity, and the distance from the reference level.

In the equation for gravitational potential energy, g is the acceleration due to gravity. Gravitational potential energy, like kinetic energy, is measured in joules.

Kinetic energy and potential energy of a system Consider the energy of a system consisting of an orange used by the juggler plus Earth. The energy in the system exists in two forms: kinetic energy and gravitational potential energy. At the beginning of the orange's flight, all the energy is in the form of kinetic energy, as shown in **Figure 11-6a**. On the way up, as the orange slows down, energy changes from kinetic energy to potential energy. At the highest point of the orange's flight, the velocity is zero. Thus, all the energy is in the form of gravitational potential energy. On the way back down, potential energy changes back into kinetic energy. The sum of kinetic energy and potential energy is constant at all times because no work is done on the system by any external forces.

Reference levels In Figure 11-6a, the reference level is the juggler's hand. That is, the height of the orange is measured from the juggler's hand. Thus, at the juggler's hand, $h = 0$ m and $PE = 0$ J. You can set the reference level at any height that is convenient for solving a given problem.

Suppose the reference level is set at the highest point of the orange's flight. Then, $h = 0$ m and the system's $PE = 0$ J at that point, as illustrated in **Figure 11-6b**. The potential energy of the system is negative at the beginning of the orange's flight, zero at the highest point, and negative at the end of the orange's flight. If you were to calculate the total energy of the system represented in Figure 11-6a, it would be different from the total energy of the system represented in Figure 11-6b. This is because the reference levels are different in each case. However, the total energy of the system in each situation would be constant at all times during the flight of the orange. Only changes in energy determine the motion of a system.



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APPLYING PHYSICS

► Potential Energy of an Atom

It is interesting to consider the relative sizes of potential energy per atom. For instance, a carbon atom has a mass of about 2×10^{-26} kg. If you lift it 1 m above the ground, its gravitational potential energy is about 2×10^{-25} J. The electrostatic energy that holds the electrons on the atom has a value of about 10^{-19} J, and the nuclear potential energy that holds the nucleus together is greater than 10^{-12} J. The nuclear potential energy is at least a million million times greater than the gravitational potential energy. ◀

■ **Figure 11-6** The energy of an orange is converted from one form to another in various stages of its flight (a). Note that the choice of a reference level is arbitrary, but that the total energy remains constant (b).

APPLYING PHYSICS

► To inspect food materials, the food industry relies on a variety of instruments for spectrographic analysis. Spectroscopy is based on an understanding of how energy is distributed within atoms and molecules. The potential energy of a molecule comprises numerous sources of energy—electronic, nuclear, rotational, translational, and vibrational. Spectroscopy looks at the interactions between electromagnetic radiation and matter to analyze such properties as molecular composition, structure, and dynamics. Students can work in small teams to research various instruments used in food analysis and explore how physics is applied, and then report their findings to the class. ◀

Critical Thinking

Platform Diving Ask students the following questions. Do all divers on a platform have the same potential energy? **No, they have different masses.** Will they all have the same kinetic energy when entering the water if they dive similarly? **No, they have different potential energies.** Will they have the same velocity when they enter the water if they dive similarly? **Yes, objects in free-fall accelerate at the same rate.** Will they each take the same amount of time to fall from the platform to the water? **Yes, objects in free-fall accelerate at the same rate.**

L2 Logical-Mathematical

Teacher F.Y.I.

REAL-LIFE CAREERS

Energy Engineers In the wind-power industry, engineers are keenly aware that the kinetic energy of the wind can be harnessed using wind turbines to generate electrical energy. The power, the rate at which mechanical energy is delivered to a turbine by wind, depends on the cube of the wind's velocity. In a wind turbine, the maximum power delivered equals $\frac{\pi}{8} \rho D^2 v^3$, where ρ is the density of the air, D is the diameter of the wind turbine, and v is the wind speed. The efficiency at which mechanical power is converted to electrical power depends on such factors as the efficiencies of the wind turbine and generator.

▶ IN-CLASS Example

Question How much work does a bricklayer do to carry 30.2 kg of bricks from the ground up to the third floor (height = 11.1 m) of a building under construction? What is the potential energy of the bricks when the bricklayer reaches the third floor?



Answer

$$\begin{aligned} W &= Fd = (mg)h = \\ &= (30.2 \text{ kg})(9.80 \text{ m/s}^2)(11.1 \text{ m}) \\ &= 3.29 \text{ kJ}; PE = mgh \\ &= (30.2 \text{ kg})(9.80 \text{ m/s}^2)(11.1 \text{ m}) \\ &= 3.29 \text{ kJ} \end{aligned}$$

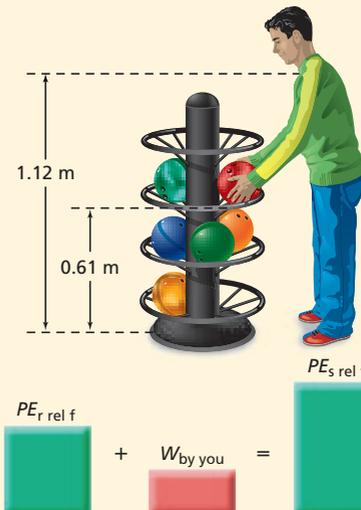
Reinforcement

Concept Map Have students work in pairs to draw a concept map that relates the following key concepts or quantities: work-energy theorem, potential energy, kinetic energy, velocity, height, gravity, mass. **L1 Interpersonal**

▶ EXAMPLE Problem 1

Gravitational Potential Energy You lift a 7.30-kg bowling ball from the storage rack and hold it up to your shoulder. The storage rack is 0.610 m above the floor and your shoulder is 1.12 m above the floor.

- When the bowling ball is at your shoulder, what is the bowling ball's gravitational potential energy relative to the floor?
- When the bowling ball is at your shoulder, what is its gravitational potential energy relative to the storage rack?
- How much work was done by gravity as you lifted the ball from the rack to shoulder level?



1 Analyze and Sketch the Problem

- Sketch the situation.
- Choose a reference level.
- Draw a bar graph showing the gravitational potential energy with the floor as the reference level.

Known:

$$\begin{aligned} m &= 7.30 \text{ kg} \\ h_r &= 0.610 \text{ m (relative to the floor)} \\ h_s &= 1.12 \text{ m (relative to the floor)} \\ g &= 9.80 \text{ m/s}^2 \end{aligned}$$

Unknown:

$$\begin{aligned} PE_{s \text{ rel } f} &= ? \\ PE_{s \text{ rel } r} &= ? \end{aligned}$$

2 Solve for the Unknown

- Set the reference level to be at the floor. Solve for the potential energy of the ball at shoulder level.

$$\begin{aligned} PE_{s \text{ rel } f} &= mgh_s \\ &= (7.30 \text{ kg})(9.80 \text{ m/s}^2)(1.12 \text{ m}) \quad \text{Substitute } m = 7.30 \text{ kg, } g = 9.80 \text{ m/s}^2, h_{\text{shoulder}} = 1.12 \text{ m} \\ &= 80.1 \text{ J} \end{aligned}$$

- Set the reference level to be at the rack height. Solve for the height of your shoulder relative to the rack.

$$\begin{aligned} h &= h_s - h_r \\ \text{Solve for the potential energy of the ball.} \end{aligned}$$

$$\begin{aligned} PE_{s \text{ rel } r} &= mgh \\ &= mg(h_s - h_r) \quad \text{Substitute } h = h_s - h_r \\ &= (7.30 \text{ kg})(9.80 \text{ m/s}^2)(1.12 \text{ m} - 0.610 \text{ m}) \quad \text{Substitute } m = 7.3 \text{ kg, } g = 9.80 \text{ m/s}^2, \\ &= 36.5 \text{ J} \quad \text{Substitute } h_s = 1.12 \text{ m, } h_r = 0.610 \text{ m} \\ & \quad \text{This also is equal to the work done by you.} \end{aligned}$$

- The work done by gravity is the weight of the ball times the distance the ball was lifted.

$$\begin{aligned} W &= Fd \\ &= -(mg)h \quad \text{Because the weight opposes the motion of lifting, the work is negative.} \\ &= -(mg)(h_s - h_r) \\ &= -(7.30 \text{ kg})(9.80 \text{ m/s}^2)(1.12 \text{ m} - 0.610 \text{ m}) \quad \text{Substitute } m = 7.30 \text{ kg, } g = 9.80 \text{ m/s}^2, \\ &= -36.5 \text{ J} \quad \text{Substitute } h_s = 1.12 \text{ m, } h_r = 0.610 \text{ m} \end{aligned}$$

3 Evaluate the Answer

- Are the units correct?** The potential energy and work are both measured in joules.
- Is the magnitude realistic?** The ball should have a greater potential energy relative to the floor than relative to the rack, because the ball's distance above the reference level is greater.

Math Handbook

Order of Operations
page 843

DIFFERENTIATED INSTRUCTION

Activity

Visually Impaired All students profit from feeling what is happening in an experiment. For instance, if work is being discussed, have students slide a slotted mass along a vertical meterstick. Students can then calculate how much work they did in lifting the mass. Arrange a collision between sliding blocks so that a student can catch each block in his or her hand after the collision. Such a situation gives students tactile information about the momentum of the object after collisions. **L1 Kinesthetic**

PRACTICE Problems

Additional Problems, Appendix B

4. In Example Problem 1, what is the potential energy of the bowling ball relative to the rack when it is on the floor?
5. If you slowly lower a 20.0-kg bag of sand 1.20 m from the trunk of a car to the driveway, how much work do you do?
6. A boy lifts a 2.2-kg book from his desk, which is 0.80 m high, to a bookshelf that is 2.10 m high. What is the potential energy of the book relative to the desk?
7. If a 1.8-kg brick falls to the ground from a chimney that is 6.7 m high, what is the change in its potential energy?
8. A warehouse worker picks up a 10.1-kg box from the floor and sets it on a long, 1.1-m-high table. He slides the box 5.0 m along the table and then lowers it back to the floor. What were the changes in the energy of the box, and how did the total energy of the box change? (Ignore friction.)

Elastic Potential Energy

When the string on the bow shown in **Figure 11-7** is pulled, work is done on the bow, storing energy in it. Thus, the energy of the system increases. Identify the system as the bow, the arrow, and Earth. When the string and arrow are released, energy is changed into kinetic energy. The stored energy in the pulled string is called **elastic potential energy**, which is often stored in rubber balls, rubber bands, slingshots, and trampolines.

Energy also can be stored in the bending of an object. When stiff metal or bamboo poles were used in pole-vaulting, the poles did not bend easily. Little work was done on the poles, and consequently, the poles did not store much potential energy. Since flexible fiberglass poles were introduced, however, record pole-vaulting heights have soared.

■ **Figure 11-7** Elastic potential energy is stored in the string of this bow. Before the string is released, the energy is all potential **(a)**. As the string is released, the energy is transferred to the arrow as kinetic energy **(b)**.



Section 11.1 The Many Forms of Energy 291

(r)Getty Images, (l)Luis Romero/AP Wide World Photos

PRACTICE Problems

4. -43.6 J
5. $-2.35 \times 10^2 \text{ J}$
6. 28 J
7. $-1.2 \times 10^2 \text{ J}$
8. To lift the box to the table:
 $W = 1.1 \times 10^2 \text{ J}$
 To slide the box across the table, $W = 0.0$ because the height did not change and we ignored friction. To lower the box to the floor:
 $W = -1.1 \times 10^2 \text{ J}$
 The sum of the three energy changes is
 $1.1 \times 10^2 \text{ J} + 0.0 \text{ J} + (-1.1 \times 10^2 \text{ J}) = 0.0 \text{ J}$

Concept Development

Work Done on Bow Explain to students that the work done on the bowstring is positive because the force and the displacement of the bowstring are in the same direction. The work done on the bow is also positive because the bow deforms in the direction of the pulled bowstring.

Teacher F.Y.I.

CONTENT BACKGROUND

Elasticity The elasticity of all materials is a result of the electromagnetic interactions among the atoms in the material. Almost all solids can be stretched or compressed slightly, but springs are bent and designed to do so in a controlled and predictable way. Materials can be permanently stretched. This condition, called plastic deformation, occurs because the atoms actually change their relative places due to the stretching. Even a small force will cause the plastic deformation of a clay ball.

3 ASSESS

Check for Understanding

Potential Energy Ask students to describe potential energy changes as they climb a flight of stairs and return on an escalator. In climbing the stairs, the change in potential energy equals mgh . In returning on the escalator, the change in potential energy equals $-mgh$, because h is negative. **L1**

Extension

Center of Mass In analyzing motion, all the mass of an object can be considered concentrated at one point, the center of mass. For a person, this point is usually located behind the belly button. In the high jump, athletes jump so that they go over the crossbar in a layout, or horizontal, position. Five decades ago, most jumpers went over the crossbar with the upper body upright, much like a hurdler. Have students investigate the changes in potential energy that occur in high jumping and how today's athletes apply them to jump higher. A jumper using the layout style does not have to lift his or her center of mass as high as a jumper using the upright style. Because the initial kinetic energy is less, the speed of the jumper can be less to clear a certain height bar. **L3**



■ **Figure 11-8** When a pole-vaulter jumps, elastic potential energy is changed into kinetic energy and gravitational potential energy.

A pole-vaulter runs with a flexible pole and plants its end into the socket in the ground. When the pole-vaulter bends the pole, as shown in **Figure 11-8**, some of the pole-vaulter's kinetic energy is converted to elastic potential energy. When the pole straightens, the elastic potential energy is converted to gravitational potential energy and kinetic energy as the pole-vaulter is lifted as high as 6 m above the ground. Unlike stiff metal poles or bamboo poles, fiberglass poles have an increased capacity for storing elastic potential energy. Thus, pole-vaulters are able to clear bars that are set very high.

Mass Albert Einstein recognized yet another form of potential energy: mass itself. He said that mass, by its very nature, is energy. This energy, E_0 , is called rest energy and is represented by the following famous formula.

$$\text{Rest Energy } E_0 = mc^2$$

The rest energy of an object is equal to the object's mass times the speed of light squared.

According to this formula, stretching a spring or bending a vaulting pole causes the spring or pole to gain mass. In these cases, the change in mass is too small to be detected. When forces within the nucleus of an atom are involved, however, the energy released into other forms, such as kinetic energy, by changes in mass can be quite large.

11.1 Section Review

- 9. Elastic Potential Energy** You get a spring-loaded toy pistol ready to fire by compressing the spring. The elastic potential energy of the spring pushes the rubber dart out of the pistol. You use the toy pistol to shoot the dart straight up. Draw bar graphs that describe the forms of energy present in the following instances.
 - The dart is pushed into the gun barrel, thereby compressing the spring.
 - The spring expands and the dart leaves the gun barrel after the trigger is pulled.
 - The dart reaches the top of its flight.
- 10. Potential Energy** A 25.0-kg shell is shot from a cannon at Earth's surface. The reference level is Earth's surface. What is the gravitational potential energy of the system when the shell is at 425 m? What is the change in potential energy when the shell falls to a height of 225 m?
- 11. Rotational Kinetic Energy** Suppose some children push a merry-go-round so that it turns twice as fast as it did before they pushed it. What are the relative changes in angular momentum and rotational kinetic energy?
- 12. Work-Energy Theorem** How can you apply the work-energy theorem to lifting a bowling ball from a storage rack to your shoulder?
- 13. Potential Energy** A 90.0-kg rock climber first climbs 45.0 m up to the top of a quarry, then descends 85.0 m from the top to the bottom of the quarry. If the initial height is the reference level, find the potential energy of the system (the climber and Earth) at the top and at the bottom. Draw bar graphs for both situations.
- 14. Critical Thinking** Karl uses an air hose to exert a constant horizontal force on a puck, which is on a frictionless air table. He keeps the hose aimed at the puck, thereby creating a constant force as the puck moves a fixed distance.
 - Explain what happens in terms of work and energy. Draw bar graphs.
 - Suppose Karl uses a different puck with half the mass of the first one. All other conditions remain the same. How will the kinetic energy and work differ from those in the first situation?
 - Explain what happened in parts a and b in terms of impulse and momentum.

11.1 Section Review

- 9. a.** See Solutions Manual.
b. See Solutions Manual.
c. See Solutions Manual.
- 1.04 × 10⁵ J, 4.89 × 10⁴ J
- The angular momentum is doubled. The rotational kinetic energy is quadrupled.
- 12.** The bowling ball has zero kinetic energy when it is resting on the rack and when it is held near your shoulder. Therefore, the total work done on the ball by you and by gravity must equal zero.
- At the edge, $PE = 3.97 \times 10^4$ J; at the bottom, $PE = -3.53 \times 10^4$ J; see Solutions Manual.
- a.** Karl exerted a constant force F over a distance d and did an amount of work $W = Fd$ on the puck. This work changed the kinetic energy of the puck. $W = KE_f - KE_i = \frac{1}{2}$ See Solutions Manual.
b. The puck still receives the same amount of work and has the same change in kinetic energy. It will move faster by a factor of 1.414
c. The second puck has less momentum than the first puck does. The second puck receives a smaller impulse.

11.2 Conservation of Energy

Section 11.2

Consider a ball near the surface of Earth. The sum of gravitational potential energy and kinetic energy in that system is constant. As the height of the ball changes, energy is converted from kinetic energy to potential energy, but the total amount of energy stays the same.

Conservation of Energy

In our everyday world, it may not seem as if energy is conserved. A hockey puck eventually loses its kinetic energy and stops moving, even on smooth ice. A pendulum stops swinging after some time. The money model can again be used to illustrate what is happening in these cases.

Suppose you have a total of \$50 in cash. One day, you count your money and discover that you are \$3 short. Would you assume that the money just disappeared? You probably would try to remember whether you spent it, and you might even search for it. In other words, rather than giving up on the conservation of money, you would try to think of different places where it might have gone.

Law of conservation of energy Scientists do the same thing as you would if you could not account for a sum of money. Whenever they observe energy leaving a system, they look for new forms into which the energy could have been transferred. This is because the total amount of energy in a system remains constant as long as the system is closed and isolated from external forces. The **law of conservation of energy** states that in a closed, isolated system, energy can neither be created nor destroyed; rather, energy is conserved. Under these conditions, energy changes from one form to another while the total energy of the system remains constant.

Conservation of mechanical energy The sum of the kinetic energy and gravitational potential energy of a system is called **mechanical energy**. In any given system, if no other forms of energy are present, mechanical energy is represented by the following equation.

$$\text{Mechanical Energy of a System } E = KE + PE$$

The mechanical energy of a system is equal to the sum of the kinetic energy and potential energy if no other forms of energy are present.

Imagine a system consisting of a 10.0-N ball and Earth, as shown in **Figure 11-9**. Suppose the ball is released from 2.00 m above the ground, which you set to be the reference level. Because the ball is not yet moving, it has no kinetic energy. Its potential energy is represented by the following equation:

$$PE = mgh = (10.0 \text{ N})(2.00 \text{ m}) = 20.0 \text{ J}$$

The ball's total mechanical energy, therefore, is 20.0 J. As the ball falls, it loses potential energy and gains kinetic energy. When the ball is 1.00 m above Earth's surface: $PE = mgh = (10.0 \text{ N})(1.00 \text{ m}) = 10.0 \text{ J}$.

Objectives

- **Solve** problems using the law of conservation of energy.
- **Analyze** collisions to find the change in kinetic energy.

Vocabulary

law of conservation of energy
mechanical energy
thermal energy
elastic collision
inelastic collision

1 FOCUS

Bellringer Activity

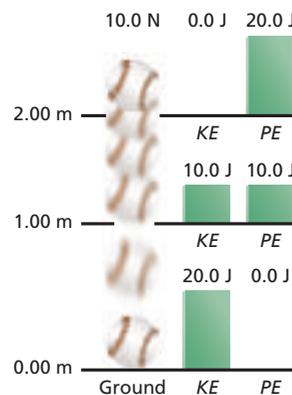
Conservation of Energy Have students observe the motion of a hard rubber ball as you drop it onto the floor from a height of about 1 m. Repeat several times so that students can observe that the ball does not rebound higher than the height from which it was released. Repeat with the ball falling onto a tennis racket instead of onto the floor. Then, drop the ball into a cake pan, filled with sand, placed on the floor. Ask what differences the students observed. Why didn't the ball return to the height from which it was released? What happened to the potential energy?

Visual-Spatial

Tie to Prior Knowledge

Conservation Laws As they learn about the law of conservation of energy, students should recall the law of conservation of momentum, presented in Chapter 9, and the law of conservation of mass during chemical reactions, if they have studied chemistry.

Figure 11-9 A decrease in potential energy is equal to the increase in kinetic energy.



11.2 Resource MANAGER

FAST FILE Chapters 11–15 Resources

Transparency 11-3 Master, p. 25
Study Guide, pp. 9–14
Reinforcement, p. 17
Enrichment, pp. 19–20
Section 11-2 Quiz, p. 16
Mini Lab Worksheet, p. 3
Physics Lab Worksheet, pp. 5–8

Teaching Transparency 11-3 Connecting Math to Physics

Technology

TeacherWorks™ CD-ROM
Interactive Chalkboard CD-ROM
ExamView® Pro TestMaker CD-ROM
physicspp.com
physicspp.com/vocabulary_puzzlemaker

THE
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Videotape

Conservation of Energy

2 TEACH

Concept Development

Energy and Momentum

Energy is used to describe the motion of an object, while energy and momentum together are used to describe collisions.

Conservation of Total

Mechanical Energy It is necessary to identify all of the forms of energy that an object possesses and then to determine whether the object's situation allows its total mechanical energy to be conserved.

Using Figure 11-11

Point out that the *PE* diagram shown in Figure 11-11 hides the arc of the pendulum's bob. Explain that the *y*-value along the *PE* curve is *mgh*. Therefore, if each *PE* value was divided by *mg*, the *y*-value along this curve would be *h*. The curve would be an arc as is the path of the pendulum's bob.

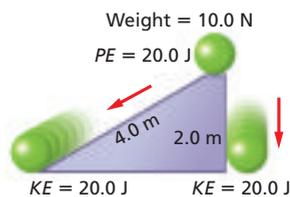


Figure 11-10 The path that an object follows in reaching the ground does not affect the final kinetic energy of the object.

What is the ball's kinetic energy when it is at a height of 1.00 m? The system consisting of the ball and Earth is closed and isolated because no external forces are acting upon it. Hence, the total energy of the system, *E*, remains constant at 20.0 J.

$$E = KE + PE, \text{ so } KE = E - PE$$

$$KE = 20.0 \text{ J} - 10.0 \text{ J} = 10.0 \text{ J}$$

When the ball reaches ground level, its potential energy is zero, and its kinetic energy is 20.0 J. The equation that describes conservation of mechanical energy can be written as follows.

Conservation of Mechanical Energy

$$KE_{\text{before}} + PE_{\text{before}} = KE_{\text{after}} + PE_{\text{after}}$$

When mechanical energy is conserved, the sum of the kinetic energy and potential energy present in the system before the event is equal to the sum of the kinetic energy and potential energy in the system after the event.

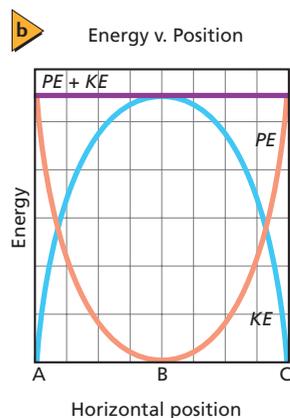
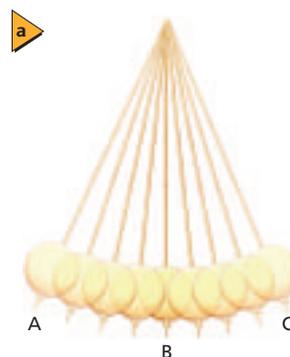
What happens if the ball does not fall down, but rolls down a ramp, as shown in **Figure 11-10**? If there is no friction, there are no external forces acting on the system. Thus, the system remains closed and isolated. The ball still moves down a vertical distance of 2.00 m, so its loss of potential energy is 20.0 J. Therefore, it gains 20.0 J of kinetic energy. As long as there is no friction, the path that the ball takes does not matter.

Roller coasters In the case of a roller coaster that is nearly at rest at the top of the first hill, the total mechanical energy in the system is the coaster's gravitational potential energy at that point. Suppose some other hill along the track were higher than the first one. The roller coaster would not be able to climb the higher hill because the energy required to do so would be greater than the total mechanical energy of the system.

Skiing Suppose you ski down a steep slope. When you begin from rest at the top of the slope, your total mechanical energy is simply your gravitational potential energy. Once you start skiing downhill, your gravitational potential energy is converted to kinetic energy. As you ski down the slope, your speed increases as more of your potential energy is converted to kinetic energy. In ski jumping, the height of the ramp determines the amount of energy that the jumper has to convert into kinetic energy at the beginning of his or her flight.

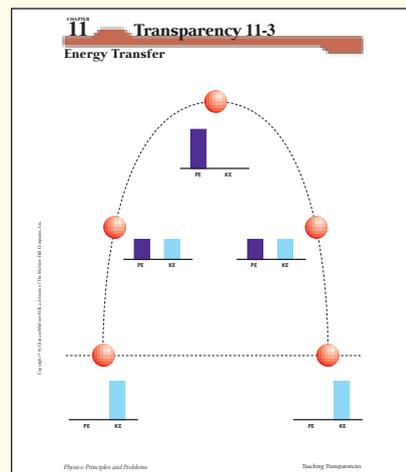
Pendulums The simple oscillation of a pendulum also demonstrates conservation of energy. The system is the pendulum bob and Earth. Usually, the reference level is chosen to be the height of the bob at the lowest point, when it is at rest. If an external force pulls the bob to one side, the force does work that gives the system mechanical energy. At the instant the bob is released, all the energy is in the form of potential energy, but as the bob swings downward, the energy is converted to kinetic energy. **Figure 11-11** shows a graph of the changing potential and kinetic energies of a pendulum. When the bob is at the lowest point, its gravitational potential energy is zero, and its kinetic energy is equal to the total mechanical

Figure 11-11 For the simple harmonic motion of a pendulum bob (a), the mechanical energy—the sum of the potential and kinetic energies—is a constant (b).



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Chapters 11–15 Resources



CHALLENGE

Activity

Energy Sharing Investigate how energy is transferred among two pendulums that are weakly linked to each other. From the ceiling or a high support, hang two 1-kg masses from strings of the same length. At a point about 0.5 m from the top of the strings, tie a rubber band that loosely connects one pendulum to the other. The rubber band should cause one pendulum to occasionally tug the other pendulum. Pull back one pendulum and release it. Observe the motions of the two pendulums over several oscillations and describe them in terms of the transfer of energy from one to the other. **L3 Visual-Spatial**

energy in the system. Note that the total mechanical energy of the system is constant if we assume that there is no friction. You will learn more about pendulums in Chapter 14.

Loss of mechanical energy The oscillations of a pendulum eventually come to a stop, a bouncing ball comes to rest, and the heights of roller-coaster hills get lower and lower. Where does the mechanical energy in such systems go? Any object moving through the air experiences the forces of air resistance. In a roller coaster, there are frictional forces between the wheels and the tracks.

When a ball bounces off of a surface, all of the elastic potential energy that is stored in the deformed ball is not converted back into kinetic energy after the bounce. Some of the energy is converted into thermal energy and sound energy. As in the cases of the pendulum and the roller coaster, some of the original mechanical energy in the system is converted into another form of energy within members of the system or transmitted to energy outside the system, as in air resistance. Usually, this new energy causes the temperature of objects to rise slightly. You will learn more about this form of energy, called **thermal energy**, in Chapter 12. The following strategies will be helpful to you when solving problems related to conservation of energy.

► PROBLEM-SOLVING Strategies

Conservation of Energy

When solving problems related to the conservation of energy, use the following strategies.

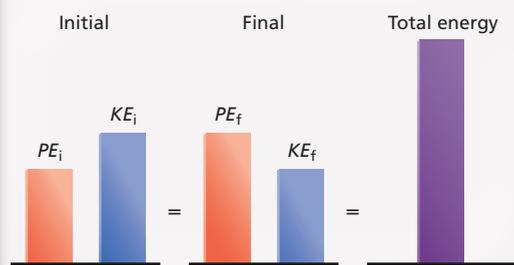
- Carefully identify the system. Make sure it is closed. In a closed system, no objects enter or leave the system.
- Identify the forms of energy in the system.
- Identify the initial and final states of the system.
- Is the system isolated?
 - If there are no external forces acting on the system, then the system is isolated and the total energy of the system is constant.

$$E_{\text{before}} = E_{\text{after}}$$
 - If there are external forces, then the following is true.

$$E_{\text{before}} + W = E_{\text{after}}$$
- If mechanical energy is conserved, decide on the reference level for potential energy. Draw bar graphs showing initial and final energy like the bar graphs shown to the right.

► Connecting Math to Physics

Energy Bar Graphs



QUICK DEMO

Conservation of Mechanical Energy

Estimated Time 5 minutes

Materials string, clay, lab support, empty soda can

Procedure Using a fist-sized blob of clay and about 1.5 m of string, make a pendulum and suspend it from a lab support. Pull the bob to one side and place an empty soda can in line with the bob so that the bob barely touches the side of the can. Before releasing the bob, ask students to hypothesize what will happen after you release the bob. **Because of the conservation of energy, the bob should swing back and barely touch the soda can.**

Additional MINI LAB

Interrupted Pendulum

Purpose Students observe the height of an interrupted pendulum swing.

Materials pendulum connected to support rod

Procedure

- Pull the bob back, note its height, and release it. Observe its motion.
- Repeat Step 1, but place a horizontally held pencil in the path of the bob's supporting string.
- Write a statement summarizing your observations. **The bob rose to its initial height both times.**

Assessment Explain whether mechanical energy was conserved in the pendulum. **Because the bob always rose to its initial height, its initial and final potential energies were equal. Thus, total mechanical energy was conserved.**

Teacher F.Y.I.

REAL-LIFE PHYSICS

Colonial Surveyor and Inventor Benjamin Banneker was an African American inventor who lived from 1731 to 1806. George Washington, who appointed him to the commission that planned the land usage for Washington, DC, recognized his abilities in surveying and mathematics. Not only was Banneker a city planner and surveyor, but he was also a skilled carpenter. One of his projects was a clock made entirely of carved wood. The clock ran by falling weights. As gravity pulled down the weights, an intricate set of gears caused the hands to move, keeping time. The potential energy of the weights was transformed into the kinetic energy of motion for the hands.

IN-CLASS Example

Question A 68.2-kg diver steps off a 5.0-m diving platform. Ignoring air resistance, what is the kinetic energy and velocity of the diver as she enters the water?



Answer

$$\begin{aligned} KE_f &= PE_i = mgh \\ &= (68.2)(9.80 \text{ m/s}^2)(5.0 \text{ m}) \\ &= 3.3 \times 10^3 \text{ J}; KE_f = \frac{1}{2}mv^2 \\ &= 3.3 \times 10^3 \text{ J} = \frac{1}{2}(68.2 \text{ kg})(v^2) \\ v &= 9.8 \text{ m/s} \end{aligned}$$

ACTIVITY

Laboratory Carts Have students compress the springs of two spring-loaded carts, place the springs together, release the springs, and then measure the distance each cart travels. Ask students to repeat this activity, using various masses on one of the carts, and have them answer the following questions: How is the distance each cart travels related to its initial velocity? **The distance that each cart rolled is proportional to its initial velocity.** Was momentum conserved in each case? **Yes** Do your data show that the spring released the same amount of energy each time it was released? **Yes**

EXAMPLE Problem 2

Conservation of Mechanical Energy During a hurricane, a large tree limb, with a mass of 22.0 kg and a height of 13.3 m above the ground, falls on a roof that is 6.0 m above the ground.

- Ignoring air resistance, find the kinetic energy of the limb when it reaches the roof.
- What is the speed of the limb when it reaches the roof?

1 Analyze and Sketch the Problem

- Sketch the initial and final conditions.
- Choose a reference level.
- Draw a bar graph.

Known:

$$\begin{aligned} m &= 22.0 \text{ kg} & g &= 9.80 \text{ m/s}^2 \\ h_{\text{limb}} &= 13.3 \text{ m} & v_i &= 0.0 \text{ m/s} \\ h_{\text{roof}} &= 6.0 \text{ m} & KE_i &= 0.0 \text{ J} \end{aligned}$$

Unknown:

$$\begin{aligned} PE_i &=? & KE_f &=? \\ PE_f &=? & v_f &=? \end{aligned}$$

2 Solve for the Unknown

- Set the reference level as the height of the roof. Solve for the initial height of the limb relative to the roof.

$$\begin{aligned} h &= h_{\text{limb}} - h_{\text{roof}} \\ &= 13.3 \text{ m} - 6.0 \text{ m} && \text{Substitute } h_{\text{limb}} = 13.3 \text{ m}, h_{\text{roof}} = 6.0 \text{ m} \\ &= 7.3 \text{ m} \end{aligned}$$

Solve for the initial potential energy of the limb.

$$\begin{aligned} PE_i &= mgh \\ &= (22.0 \text{ kg})(9.80 \text{ m/s}^2)(7.3 \text{ m}) && \text{Substitute } m = 22.0 \text{ kg}, g = 9.80 \text{ m/s}^2, h = 7.3 \text{ m} \\ &= 1.6 \times 10^3 \text{ J} \end{aligned}$$

Identify the initial kinetic energy of the limb.

$$KE_i = 0.0 \text{ J} \quad \text{The tree limb is initially at rest.}$$

The kinetic energy of the limb when it reaches the roof is equal to its initial potential energy because energy is conserved.

$$KE_f = PE_i \quad PE_i = 0.0 \text{ J because } h = 0.0 \text{ m at the reference level.}$$

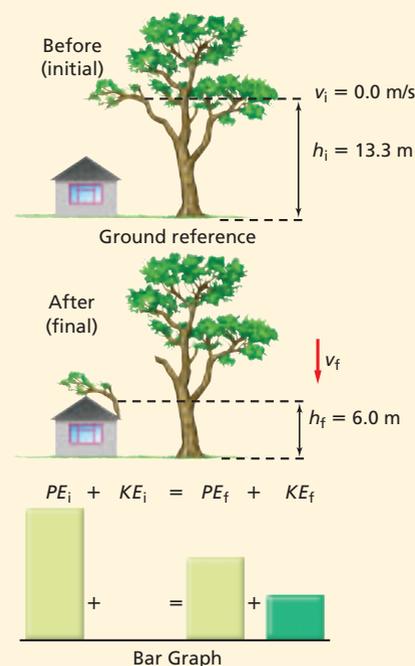
$$= 1.6 \times 10^3 \text{ J}$$

- Solve for the speed of the limb.

$$\begin{aligned} KE_f &= \frac{1}{2}mv_f^2 \\ v_f &= \sqrt{\frac{2KE_f}{m}} \\ &= \sqrt{\frac{2(1.6 \times 10^3 \text{ J})}{22.0 \text{ kg}}} && \text{Substitute } KE_f = 1.6 \times 10^3 \text{ J}, m = 22.0 \text{ kg} \\ &= 12 \text{ m/s} \end{aligned}$$

3 Evaluate the Answer

- Are the units correct?** Velocity is measured in m/s and energy is measured in $\text{kg} \cdot \text{m}^2/\text{s}^2 = \text{J}$.
- Do the signs make sense?** KE and the magnitude of velocity are always positive.



Math Handbook

Square and Cube Roots
pages 839–840

HELPING STRUGGLING STUDENTS

Activity

Potential Energy and Kinetic Energy Point out how potential and kinetic energies are related to concepts presented earlier. For example, if a ball is thrown upward, and leaves the ground at velocity v_i , its maximum height is determined by the formula $v_f^2 = v_i^2 + 2ah$ (Chapter 5). The height is $h = -v_i^2/2a$, where $a = -g$. Now analyze the same situation in terms of energy. The total energy of the ball at ground level is $PE_i + KE_i = 0 + \frac{1}{2}mv_i^2$. This equals the energy at the maximum height, $PE_f + KE_f = mgh + 0$. Setting the two equations equal yields $\frac{1}{2}mv_i^2 = mgh$. Solving for h yields $h = v_i^2/2g$, the same answer as before.

PRACTICE Problems

Additional Problems, Appendix B

- A bike rider approaches a hill at a speed of 8.5 m/s. The combined mass of the bike and the rider is 85.0 kg. Choose a suitable system. Find the initial kinetic energy of the system. The rider coasts up the hill. Assuming there is no friction, at what height will the bike come to rest?
- Suppose that the bike rider in problem 15 pedaled up the hill and never came to a stop. In what system is energy conserved? From what form of energy did the bike gain mechanical energy?
- A skier starts from rest at the top of a 45.0-m-high hill, skis down a 30° incline into a valley, and continues up a 40.0-m-high hill. The heights of both hills are measured from the valley floor. Assume that you can neglect friction and the effect of the ski poles. How fast is the skier moving at the bottom of the valley? What is the skier's speed at the top of the next hill? Do the angles of the hills affect your answers?
- In a belly-flop diving contest, the winner is the diver who makes the biggest splash upon hitting the water. The size of the splash depends not only on the diver's style, but also on the amount of kinetic energy that the diver has. Consider a contest in which each diver jumps from a 3.00-m platform. One diver has a mass of 136 kg and simply steps off the platform. Another diver has a mass of 102 kg and leaps upward from the platform. How high would the second diver have to leap to make a competitive splash?

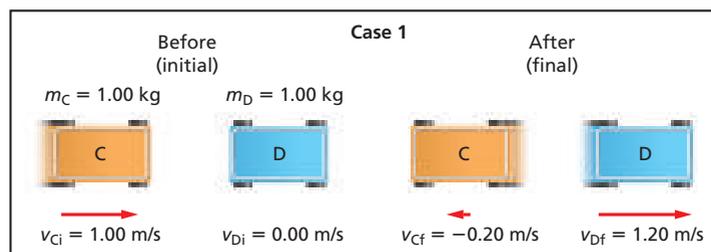
Analyzing Collisions

A collision between two objects, whether the objects are automobiles, hockey players, or subatomic particles, is one of the most common situations analyzed in physics. Because the details of a collision can be very complex during the collision itself, the strategy is to find the motion of the objects just before and just after the collision. What conservation laws can be used to analyze such a system? If the system is isolated, then momentum and energy are conserved. However, the potential energy or thermal energy in the system may decrease, remain the same, or increase. Therefore, you cannot predict whether or not kinetic energy is conserved. **Figure 11-12** and **Figure 11-13** on the next page show three different kinds of collisions. In case 1, the momentum of the system before and after the collision is represented by the following:

$$p_i = p_{Ci} + p_{Di} = (1.00 \text{ kg})(1.00 \text{ m/s}) + (1.00 \text{ kg})(0.00 \text{ m/s}) \\ = 1.00 \text{ kg}\cdot\text{m/s}$$

$$p_f = p_{Cf} + p_{Df} = (1.00 \text{ kg})(-0.20 \text{ m/s}) + (1.00 \text{ kg})(1.20 \text{ m/s}) \\ = 1.00 \text{ kg}\cdot\text{m/s}$$

Thus, in case 1, the momentum is conserved. Look again at Figure 11-13 and verify for yourself that momentum is conserved in cases 2 and 3.



■ **Figure 11-12** Two moving objects can have different types of collisions. Case 1: the two objects move apart in opposite directions.

Section 11.2 Conservation of Energy 297

QUICK DEMO

Energy Transfers

Estimated Time 5 minutes

Materials large rubber ball, smaller rubber ball

Procedure Drop each ball separately from about chest height. Ask students to observe the heights to which the balls rebounded. Hold the small ball on top of the large ball and ask students to hypothesize what would happen if you dropped the balls as before. Then drop the balls. Have students explain their observations. **During the collision, kinetic energy was transferred from the larger to the smaller ball. The larger ball rebounded less and the smaller ball rebounded to a point higher than its release point.**

PRACTICE Problems

- 3.7 m
- The system of Earth, bike, and rider remains the same, but now the energy involved is not mechanical energy alone. The rider must be considered as having stored energy, some of which is converted to mechanical energy. Energy came from the chemical potential energy stored in the rider's body.
- bottom of valley: 29.7 m/s; top of next hill: 9.90 m/s; no
- 1.00 m above the platform

PHYSICS PROJECT

Activity

Designing a Roller Coaster Have each student design a roller coaster using bent, hard-plastic insulation tubing for ball bearings. Have students consider the characteristics of a good roller-coaster ride and how energy is used to provide these characteristics. As they design their roller coasters, ask students what they must know about rolling friction and the effect of rotational kinetic energy. Have students do preliminary tests for their designs. Each project report should show how the roller coaster was designed, what preliminary tests were done, and how the actual coaster compares with the design expectations. Have students present their results to the class.

L2 Kinesthetic

Identifying Misconceptions

Momentum and Energy To differentiate p and KE , ask students to discuss the following among themselves: How can two objects have the same mass and energy, but different momenta?

$v_1 = -v_2$ How can two objects have the same mass and momentum but different energies? They cannot. **L2 Interpersonal**

Critical Thinking

Momentum and Energy Ask students the following question.

How can two objects have the same momentum but different energies? $m_1v_1 = m_2v_2$, but $m_1v_2 \neq m_2v_1$ **L2**

Using Models

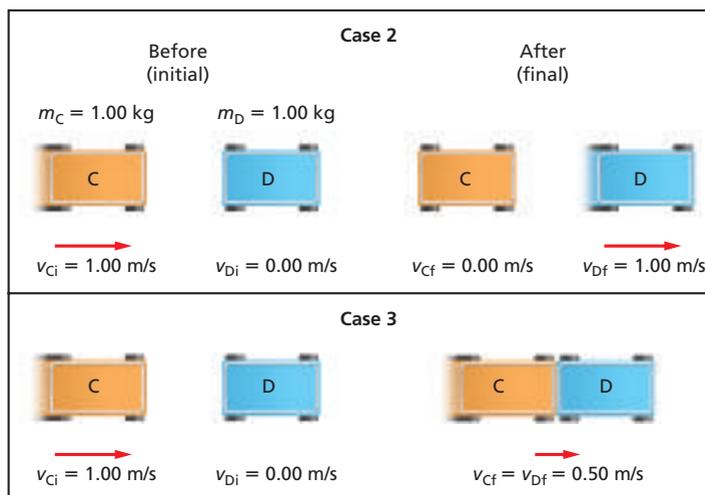
Energy Transfer The model of exchanging money has been used to describe the transfer of energy from one form to another. In collisions, energy and momentum are exchanged from one object to another. Have students create a model that keeps the momentum currency separate from the energy currency. **L1 Visual-Spatial**

Discussion

Question Consider the collision of two skaters on ice. They are of equal mass. Is it possible that a body could change in momentum without changing in kinetic energy?

Answer No. In some ways, you can consider both momentum and kinetic energy as measures of the amount of motion of a body. Consider first a motionless skater in a collision: the body receives a certain quantity of potential energy, and the motion produced corresponds to an equal amount of kinetic energy. **L2**

■ **Figure 11-13** Case 2: the moving object comes to rest and the stationary object begins to move. Case 3: the two objects are stuck together and move as one.



Next, consider the kinetic energy of the system in each of these cases. For case 1 the kinetic energy of the system before and after the collision is represented by the following equations:

$$KE_{Ci} + KE_{Di} = \frac{1}{2}(1.00 \text{ kg})(1.00 \text{ m/s})^2 + \frac{1}{2}(1.00 \text{ kg})(0.00 \text{ m/s})^2 = 0.50 \text{ J}$$

$$KE_{Cf} + KE_{Df} = \frac{1}{2}(1.00 \text{ kg})(-0.20 \text{ m/s})^2 + \frac{1}{2}(1.00 \text{ kg})(1.20 \text{ m/s})^2 = 0.74 \text{ J}$$

In case 1, the kinetic energy of the system increased. If energy in the system is conserved, then one or more of the other forms of energy must have decreased. Perhaps when the two carts collided, a compressed spring was released, adding kinetic energy to the system. This kind of collision is sometimes called a superelastic or explosive collision.

After the collision in case 2, the kinetic energy is equal to:

$$KE_{Cf} + KE_{Df} = (1.0 \text{ kg})(0.00 \text{ m/s})^2 + \frac{1}{2}(1.0 \text{ kg})(1.0 \text{ m/s})^2 = 0.50 \text{ J}$$

Kinetic energy remained the same after the collision. This type of collision, in which the kinetic energy does not change, is called an **elastic collision**. Collisions between hard, elastic objects, such as those made of steel, glass, or hard plastic, often are called nearly elastic collisions.

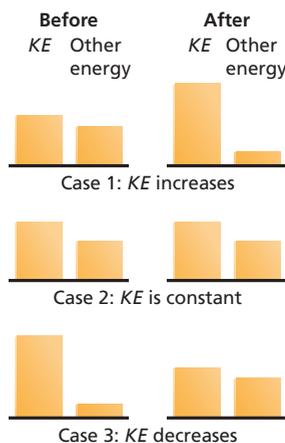
After the collision in case 3, the kinetic energy is equal to:

$$KE_{Cf} + KE_{Df} = \frac{1}{2}(1.00 \text{ kg})(0.50 \text{ m/s})^2 + \frac{1}{2}(1.00 \text{ kg})(0.50 \text{ m/s})^2 = 0.25 \text{ J}$$

Kinetic energy decreased and some of it was converted to thermal energy. This kind of collision, in which kinetic energy decreases, is called an **inelastic collision**. Objects made of soft, sticky material, such as clay, act in this way.

The three kinds of collisions can be represented using bar graphs, such as those shown in **Figure 11-14**. Although the kinetic energy before and after the collisions can be calculated, only the change in other forms of energy can be found. In automobile collisions, kinetic energy is transferred into other forms of energy, such as heat and sound.

■ **Figure 11-14** Bar graphs can be drawn to represent the three kinds of collisions.



Teacher F.Y.I.

CONTENT BACKGROUND

Elliptical Orbits The conservation of energy explains why a planet in an elliptical orbit changes speed. Assume that the only force acting on the planet is the force of gravity between it and the star. As the planet moves in its orbit, its PE changes because its distance from the star changes. Because the sum of PE and KE is constant, the planet must have its minimum KE at its point of maximum PE , the farthest point of its orbit. Because KE depends on the speed, the planet has its slowest speed at the farthest distance. Conversely, because PE is a minimum at the closest point, then the KE must be greatest when the planet is closest to the Sun. Therefore, the planet would have the greatest speed at the closest point in its orbit.

EXAMPLE Problem 3

Kinetic Energy In an accident on a slippery road, a compact car with a mass of 575 kg moving at 15.0 m/s smashes into the rear end of a car with mass 1575 kg moving at 5.00 m/s in the same direction.

- What is the final velocity if the wrecked cars lock together?
- How much kinetic energy was lost in the collision?
- What fraction of the original kinetic energy was lost?

1 Analyze and Sketch the Problem

- Sketch the initial and final conditions.
- Sketch the momentum diagram.

Known:

$$\begin{aligned} m_A &= 575 \text{ kg} & m_B &= 1575 \text{ kg} \\ v_{Ai} &= 15.0 \text{ m/s} & v_{Bi} &= 5.00 \text{ m/s} \\ & & v_{Af} &= v_{Bf} = v_f \end{aligned}$$

Unknown:

$$\begin{aligned} v_f &= ? & \Delta KE &= KE_f - KE_i = ? \\ \text{Fraction of } KE_i \text{ lost, } \Delta KE/KE_i &= ? \end{aligned}$$

2 Solve for the Unknown

- Use the conservation of momentum equation to find the final velocity.

$$p_{Ai} + p_{Bi} = p_{Af} + p_{Bf}$$

$$m_A v_{Ai} + m_B v_{Bi} = (m_A + m_B) v_f$$

$$v_f = \frac{(m_A v_{Ai} + m_B v_{Bi})}{(m_A + m_B)}$$

$$= \frac{(575 \text{ kg})(15.0 \text{ m/s}) + (1575 \text{ kg})(5.00 \text{ m/s})}{(575 \text{ kg} + 1575 \text{ kg})}$$

$$= 7.67 \text{ m/s, in the direction of the motion before the collision}$$

Substitute $m_A = 575 \text{ kg}$, $v_{Ai} = 15.0 \text{ m/s}$,
 $m_B = 1575 \text{ kg}$, $v_{Bi} = 5.00 \text{ m/s}$

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Isolating a Variable
page 845

- To determine the change in kinetic energy of the system, KE_f and KE_i are needed.

$$KE_f = \frac{1}{2} m v^2$$

$$= \frac{1}{2} (m_A + m_B) v_f^2$$

$$= \frac{1}{2} (575 \text{ kg} + 1575 \text{ kg})(7.67 \text{ m/s})^2$$

$$= 6.32 \times 10^4 \text{ J}$$

Substitute $m = m_A + m_B$

Substitute $m_A = 575 \text{ kg}$, $m_B = 1575 \text{ kg}$, $v_f = 7.67 \text{ m/s}$

$$KE_i = KE_{Ai} + KE_{Bi}$$

$$= \frac{1}{2} m_A v_{Ai}^2 + \frac{1}{2} m_B v_{Bi}^2$$

$$= \frac{1}{2} (575 \text{ kg})(15.0 \text{ m/s})^2 + \frac{1}{2} (1575 \text{ kg})(5.00 \text{ m/s})^2$$

$$= 8.44 \times 10^4 \text{ J}$$

Substitute $KE_{Ai} = \frac{1}{2} m_A v_{Ai}^2$, $KE_{Bi} = \frac{1}{2} m_B v_{Bi}^2$

Substitute $m_A = 575 \text{ kg}$, $m_B = 1575 \text{ kg}$,
 $v_{Ai} = 15.0 \text{ m/s}$, $v_{Bi} = 5.00 \text{ m/s}$

Solve for the change in kinetic energy of the system.

$$\Delta KE = KE_f - KE_i$$

$$= 6.32 \times 10^4 \text{ J} - 8.44 \times 10^4 \text{ J}$$

$$= -2.12 \times 10^4 \text{ J}$$

Substitute $KE_f = 6.32 \times 10^4 \text{ J}$, $KE_i = 8.44 \times 10^4 \text{ J}$

- Calculate the fraction of the original kinetic energy that is lost.

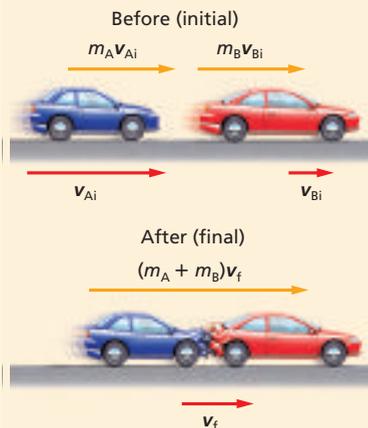
$$\frac{\Delta KE}{KE_i} = \frac{-2.12 \times 10^4 \text{ J}}{8.44 \times 10^4 \text{ J}}$$

$$= -0.251 = 25.1\% \text{ of the original kinetic energy in the system was lost.}$$

Substitute $\Delta KE = -2.11 \times 10^4 \text{ J}$, $KE_i = 8.44 \times 10^4 \text{ J}$

3 Evaluate the Answer

- Are the units correct?** Velocity is measured in m/s; energy is measured in J.
- Does the sign make sense?** Velocity is positive, consistent with the original velocities.



IN-CLASS Example

Question A 54.5-kg ice skater moving at 3.2 m/s collides with a 44.7-kg skater who is motionless. They then slide together along the frictionless ice. What is their velocity after the collision? How much kinetic energy was lost in the collision? What fraction of the original kinetic energy was lost?



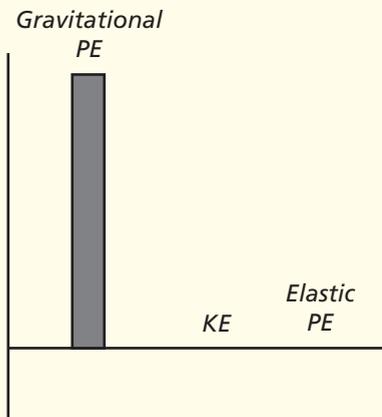
Answer

$$\begin{aligned} m_A v_A + m_B v_B &= (m_A + m_B) v_f \\ (54.5 \text{ kg})(3.2 \text{ m/s}) + (44.7 \text{ kg})(0 \text{ m/s}) &= (54.5 \text{ kg} + 44.7 \text{ kg}) v_f \\ 1.8 \text{ m/s} &= v_f \\ KE_f &= \frac{1}{2} (m_A + m_B) v_f^2 = \frac{1}{2} (54.5 + 44.7)(1.8 \text{ m/s})^2 = 160 \text{ J} \\ KE_i &= \frac{1}{2} m_A v_A^2 + \frac{1}{2} m_B v_B^2 = \frac{1}{2} (54.5)(3.2 \text{ m/s})^2 + \frac{1}{2} (44.7)(0 \text{ m/s})^2 = 280 \text{ J} \\ KE_f - KE_i &= 160 \text{ J} - 280 \text{ J} = -120 \text{ J} \\ \Delta KE/KE_i &= -120 \text{ J} / 280 \text{ J} = -0.43, \text{ or } 43\% \end{aligned}$$

Reinforcement

Potential and Kinetic Energy

Sketch the following bar graph on the chalkboard.



Explain that the graph shows the energy distribution of a system consisting of a gymnast, trampoline, and Earth. Here, the gymnast is at the top of a rebound from the trampoline. Ask students to describe the graph when the gymnast just reaches the trampoline.

$$PE_{g2} = PE_{e2} = 0, KE_2 = PE_{g1}$$

L1 Visual-Spatial

DIFFERENTIATED INSTRUCTION

Activity

Hearing Impaired Have a student hold up a golf ball in each hand and move them in the same direction, but move one about twice the speed of the other. Display a transparency with the following questions. 1. Compare the kinetic energies of the two balls. **The ball with the greater speed has the greater energy.** 2. If the one ball is traveling about twice as fast as the other, is its KE twice that of the slower ball? **No, KE depends on v^2 , so the faster ball has about four times the KE of the slower ball.** **L1 Visual-Spatial**

PRACTICE Problems

19. $1.13 \times 10^2 \text{ m/s}$

20. a. See Solutions Manual. The system includes the suspended target and dart.

b. Only momentum is conserved in the inelastic dart-target collision, so $mv_i + MV_i = (m + M)V_f$ where $V_i = 0$ since the target is initially at rest and V_f is the common velocity just after impact. As the dart-target combination swings upward, energy is conserved, so $\Delta PE = \Delta KE$ or, at the top of the swing, $(m + M)gh_f = \frac{1}{2}(m + M)(V_f)^2$

c. 46 m/s

21. a. $4.4 \times 10^3 \text{ J}$; $1.2 \times 10^3 \text{ kg}\cdot\text{m/s}$

b. 6.8 m/s

c. $2 \times 10^2 \text{ J}$

CHALLENGE PROBLEM

1. Conservation of momentum:

$$mv_1 = mv_2 + m_B v_B$$

$$m_B v_B = m(v_1 - v_2)$$

$$v_B = \frac{m(v_1 - v_2)}{m_B}$$

2. For the bullet alone:

$$KE_1 = \frac{1}{2}mv_1^2$$

$$KE_2 = \frac{1}{2}mv_2^2$$

$$\Delta KE = \frac{1}{2}m(v_1^2 - v_2^2)$$

3. Energy lost to friction =

$$KE_1 - KE_2 - KE_{\text{block}}$$

$$E_{\text{lost}} = \frac{1}{2}mv_1^2 - \frac{1}{2}mv_2^2 - \frac{1}{2}m_B v_B^2$$

PRACTICE Problems

Additional Problems, Appendix B

19. An 8.00-g bullet is fired horizontally into a 9.00-kg block of wood on an air table and is embedded in it. After the collision, the block and bullet slide along the frictionless surface together with a speed of 10.0 cm/s. What was the initial speed of the bullet?
20. A 0.73-kg magnetic target is suspended on a string. A 0.025-kg magnetic dart, shot horizontally, strikes the target head-on. The dart and the target together, acting like a pendulum, swing 12.0 cm above the initial level before instantaneously coming to rest.
- Sketch the situation and choose a system.
 - Decide what is conserved in each part and explain your decision.
 - What was the initial velocity of the dart?
21. A 91.0-kg hockey player is skating on ice at 5.50 m/s. Another hockey player of equal mass, moving at 8.1 m/s in the same direction, hits him from behind. They slide off together.
- What are the total energy and momentum in the system before the collision?
 - What is the velocity of the two hockey players after the collision?
 - How much energy was lost in the collision?

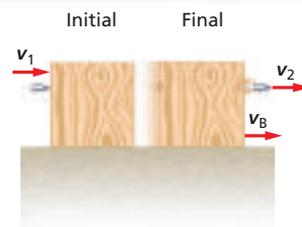
In collisions, you can see how momentum and energy are really very different. Momentum is almost always conserved in a collision. Energy is conserved only in elastic collisions. Momentum is what makes objects stop. A 10.0-kg object moving at 5.00 m/s will stop a 20.0-kg object moving at 2.50 m/s if they have a head-on collision. However, in this case, the smaller object has much more kinetic energy. The kinetic energy of the smaller object is $KE = \frac{1}{2}(10.0 \text{ kg})(5.0 \text{ m/s})^2 = 125 \text{ J}$. The kinetic energy of the larger object is $KE = \frac{1}{2}(20.0 \text{ kg})(2.50 \text{ m/s})^2 = 62.5 \text{ J}$. Based on the work-energy theorem, you can conclude that it takes more work to make the 10.0-kg object move at 5.00 m/s than it does to move the 20.0-kg object at 2.50 m/s. It sometimes is said that in automobile collisions, the momentum stops the cars but it is the energy in the collision that causes the damage.

It also is possible to have a collision in which nothing collides. If two lab carts sit motionless on a table, connected by a compressed spring, their total momentum is zero. If the spring is released, the carts will be forced to move away from each other. The potential energy of the spring will be transformed into the kinetic energy of the carts. The carts will still move away from each other so that their total momentum is zero.

CHALLENGE PROBLEM

A bullet of mass m , moving at speed v_1 , goes through a motionless wooden block and exits with speed v_2 . After the collision, the block, which has mass m_B , is moving.

- What is the final speed, v_B , of the block?
- How much energy was lost to the bullet?
- How much energy was lost to friction inside the block?



300 Chapter 11 Energy and Its Conservation

CHALLENGE

Activity

Collisions In their quest to drive golf balls farther and farther off the tee, golfers are using new types of club heads and golf balls. The hitting of the ball can be approximated as a free collision of the club head with the ball. Have students think about what qualities of the ball and club, such as the mass of the head, would affect the length of a shot. Have them make a list of these qualities and compare them to the descriptions in advertisements in sports magazines. Ask students which of the advertisements indicate an understanding of physics and whether physics principles support the claims made in the advertisements. **L3 Linguistic**

It is useful to remember two simple examples of collisions. One is the elastic collision between two objects of equal mass, such as when a cue ball with velocity, v , hits a motionless billiard ball head-on. In this case, after the collision, the cue ball is motionless and the other ball rolls off at velocity, v . It is easy to prove that both momentum and energy are conserved in this collision.

The other simple example is to consider a skater of mass m , with velocity v , running into another skater of equal mass who happens to be standing motionless on the ice. If they hold on to each other after the collision, they will slide off at a velocity of $\frac{1}{2}v$ because of the conservation of momentum. The final kinetic energy of the pair would be equal to $KE = \frac{1}{2}(2m)(\frac{1}{2}v)^2 = \frac{1}{4}mv^2$, which is half the initial kinetic energy. This is because the collision was inelastic.

You have investigated examples in which the conservation of energy, and sometimes the conservation of momentum, can be used to calculate the motions of a system of objects. These systems would be too complicated to comprehend using only Newton's second law of motion. The understanding of the forms of energy and how energy flows from one form to another is one of the most useful concepts in science. The term *energy conservation* appears in everything from scientific papers to electric appliance commercials. Scientists use the concept of energy to explore topics much more complicated than colliding billiard balls.

MINI LAB

Energy Exchange

1. Select different-sized steel balls and determine their masses.
2. Stand a spring-loaded laboratory cart on end with the spring mechanism pointing upward.
3. Place a ball on top of the spring mechanism and press down until the ball is touching the cart.
4. Quickly release the ball so that the spring shoots it upward.

CAUTION: Stay clear of the ball when launching.

5. Repeat the process several times, and measure the average height.

6. **Estimate** how high the other sizes of steel balls will rise.

Analyze and Conclude

7. **Classify** the balls by height attained. What can you conclude?

MINI LAB

Energy Exchange

See page 3 of **FAST FILE**

Chapters 11–15 Resources for the accompanying *Mini Lab Worksheet*.

Purpose to investigate mechanical energy transfer

Materials 3 steel balls of various masses, laboratory cart with spring mechanism, meterstick

Expected Results Sample data

diameter	mass
small (16 mm)	0.028 kg
medium (25 mm)	0.066 kg
large (32 mm)	0.13 kg

The distance that the medium ball will travel will depend on the spring. A typical value is 0.8 m.

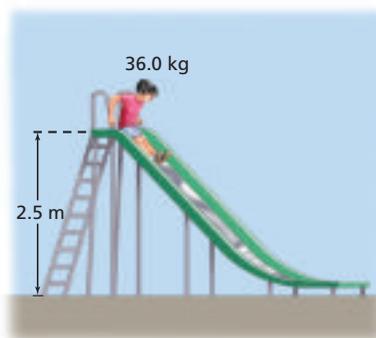
Analyze and Conclude

7. Prediction: the small ball will go about twice as high and the large ball will go half as high. **Actual:** the small ball does not go quite as high and the large ball goes a little more than half as high. Some of the energy goes into moving the spring and the metal rod.

11.2 Section Review

22. **Closed Systems** Is Earth a closed, isolated system? Support your answer.
23. **Energy** A child jumps on a trampoline. Draw bar graphs to show the forms of energy present in the following situations.
 - a. The child is at the highest point.
 - b. The child is at the lowest point.
24. **Kinetic Energy** Suppose a glob of chewing gum and a small, rubber ball collide head-on in midair and then rebound apart. Would you expect kinetic energy to be conserved? If not, what happens to the energy?
25. **Kinetic Energy** In table tennis, a very light but hard ball is hit with a hard rubber or wooden paddle. In tennis, a much softer ball is hit with a racket. Why are the two sets of equipment designed in this way? Can you think of other ball-paddle pairs in sports? How are they designed?
26. **Potential Energy** A rubber ball is dropped from a height of 8.0 m onto a hard concrete floor. It hits the floor and bounces repeatedly. Each time it hits the floor, it loses $\frac{1}{5}$ of its total energy. How many times will it bounce before it bounces back up to a height of only about 4 m?

27. **Energy** As shown in **Figure 11-15**, a 36.0-kg child slides down a playground slide that is 2.5 m high. At the bottom of the slide, she is moving at 3.0 m/s. How much energy was lost as she slid down the slide?



■ Figure 11-15

28. **Critical Thinking** A ball drops 20 m. When it has fallen half the distance, or 10 m, half of its energy is potential and half is kinetic. When the ball has fallen for half the amount of time it takes to fall, will more, less, or exactly half of its energy be potential energy?

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Section 11.2 Conservation of Energy 301

11.2 Section Review

22. Earth is a closed system. It is not isolated as it is acted upon by gravitational forces and radiant energy from the Sun.
23. a. See Solutions Manual.
b. See Solutions Manual.
24. Kinetic energy would not be conserved; the gum probably was deformed.
25. The items are designed so that the maximum amount of kinetic energy is passed to the ball. A softer ball receives energy with less loss from a softer paddle or racket. Another combination is a golf ball and club (both hard).
26. after three bounces
27. 720 J
28. The ball will have more potential energy.

3 ASSESS

Check for Understanding

Sketch Figure 11-12 from p. 297 and Figure 11-13 from page 298. Have students describe momentum and energy changes. In each case, momentum was conserved; in Case 1, KE was increased by some internal decrease in the system's PE ; in Case 2, KE remained the same; and in Case 3, KE decreased because of the increase in the system's PE .

L2 Visual-Spatial

Extension

Explain that cars are designed to undergo inelastic collisions. Ask students why this is. By reducing the KE of the car during a collision, less work will have to be done on the passenger to decrease his or her KE to zero. Therefore, the force to do the work on the passenger will also be reduced. **L2**

Time Allotment

one laboratory period

Process Skills observe, infer, compare, contrast, measure, interpret data

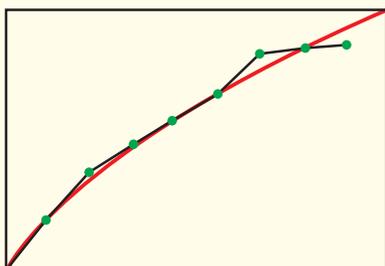
Alternative Materials A ramp and carts can be used instead of the grooved track and steel ball. However, friction will play a greater role in the final velocity.

Teaching Strategies

- **Make sure that students work on as level a surface as possible.**
- **If possible, provide Graph-Link cables and computers to help students print graphs. Excel graphs can also be used.**
- **Photogates or motion detectors can be used to do the timing.**

Analyze

1. The speed of the ball was the same because its initial height was always the same.
2. $y = 3.36x^{0.5}$



3. $PE = mgh$
 $= (5.0 \times 10^{-3} \text{ kg})(9.8 \text{ m/s}^2)(8.0 \times 10^{-2} \text{ m})$
 $= 3.9 \times 10^{-3} \text{ J}$
4. $KE = \frac{1}{2}mv^2$
 $= (5.0 \times 10^{-3} \text{ kg})(0.83 \text{ m/s})^2/2$
 $= 1.7 \times 10^{-3} \text{ J}$

Alternate CBL instructions can be found on the Web site.
physicspp.com

Conservation of Energy

There are many examples of situations where energy is conserved. One such example is a rock falling from a given height. If the rock starts at rest, at the moment the rock is dropped, it only has potential energy. As it falls, its potential energy decreases as its height decreases, but its kinetic energy increases. The sum of potential energy and kinetic energy remains constant if friction is neglected. When the rock is about to hit the ground, all of its potential energy has been converted to kinetic energy. In this experiment, you will model a falling object and calculate its speed as it hits the ground.

QUESTION

How does the transfer of an object's potential energy to kinetic energy demonstrate conservation of energy?

Objectives

- **Calculate** the speed of a falling object as it hits the ground by using a model.
- **Interpret data** to find the relationship between potential energy and kinetic energy of a falling object.

Safety Precautions



Materials

- grooved track (two sections)
- marble or steel ball
- stopwatch
- block of wood
- electronic balance
- metric ruler
- graphing calculator

Procedure

1. Place the two sections of grooved track together, as shown in **Figure 1**. Raise one end of the track and place the block under it, about 5 cm from the raised end. Make sure the ball can roll smoothly across the junction of the two tracks.
2. Record the length of the level portion of the track in the data table. Place a ball on the track directly above the point supported by the block. Release the ball. Start the stopwatch when the ball reaches the level section of track. Stop timing when the ball reaches the end of the level portion of the track. Record the time required for the ball to travel that distance in the data table.
3. Move the support block so that it is under the midsection of the inclined track, as shown in **Figure 2**. Place the ball on the track just above the point supported by the block. Release the ball and measure the time needed for the ball to roll the length of the level portion of the track and record it in the data table. Notice that even though the incline is steeper, the ball is released from the same height as in step 2.
4. Calculate the speed of the ball on the level portion of the track in steps 2 and 3. Move the support block to a point about three-quarters down the length of the inclined track, as shown in **Figure 3**.



Figure 1



Figure 2



Figure 3

Sample Data

Release Height (m)	Distance (m)	Time (s)	Speed (m/s)
0.050 (Fig. 1)	0.5750	0.92	0.63
0.050 (Fig. 2)	0.5750	0.90	0.64
0.050 (Fig. 3)	0.5750	0.91	0.63
0.010	0.5750	2.05	0.281
0.020	0.5750	1.27	0.453
0.030	0.5750	1.09	0.528
0.040	0.5750	0.95	0.61
0.050	0.5750	0.85	0.68
0.060	0.5750	0.71	0.81

Data Table			
Release Height (m)	Distance (m)	Time (s)	Speed (m/s)
0.05			
0.05			
0.05			
0.01			
0.02			
0.03			

- Predict the amount of time the ball will take to travel the length of the level portion of the track. Record your prediction. Test your prediction.
- Place the support block at the midpoint of the inclined track (Figure 2). Measure a point on the inclined portion of the track that is 1.0 cm above the level portion of the track. Be sure to measure 1.0 cm above the level portion, and not 1.0 cm above the table.
- Release the ball from this point and measure the time required for the ball to travel on the level portion of the track and record it in the data table.
- Use a ruler to measure a point that is 2.0 cm above the level track. Release the ball from this point and measure the time required for the ball to travel on the level portion of the track. Record the time in the data table.
- Repeat step 8 for 3.0 cm, 4.0 cm, 5.0 cm, 6.0 cm, 7.0 cm, and 8.0 cm. Record the times.

Analyze

- Infer** What effect did changing the slope of the inclined plane in steps 2–6 have on the speed of the ball on the level portion of the track?
- Analyze** Perform a power law regression for this graph using your graphing calculator. Record the equation of this function. Graph this by inputting the equation into $Y=$. Draw a sketch of the graph.
- Using the data from step 9 for the release point of 8.0 cm, find the potential energy of the ball before it was released. Use an electronic balance to find the mass of the ball. Note that height must be in m, and mass in kg.
- Using the speed data from step 9 for the release point of 8.0 cm calculate the kinetic energy of the ball on the level portion of the track. Remember, speed must be in m/s and mass in kg.

Conclude and Apply

- Solve for speed, y , in terms of height, x . Begin by setting $PE_i = KE_f$.
- How does the equation found in the previous question relate to the power law regression calculated earlier?
- Suppose you want the ball to roll twice as fast on the level part of the track as it did when you released it from the 2-cm mark. Using the power law regression performed earlier, calculate the height from which you should release the ball.
- Explain how this experiment only models dropping a ball and finding its kinetic energy just as it hits the ground.
- Compare and Contrast** Compare the potential energy of the ball before it is released (step 8) to the kinetic energy of the ball on the level track (step 9). Explain why they are the same or why they are different.
- Draw Conclusions** Does this experiment demonstrate conservation of energy? Explain.

Going Further

What are potential sources of error in this experiment, and how can they be reduced?

Real-World Physics

How does your favorite roller coaster demonstrate the conservation of energy by the transfer of potential energy to kinetic energy?

Physics online

To find out more about energy, visit the Web site: physicspp.com

Conclude and Apply

- $\frac{1}{2}mv^2 = mgh$
 $\frac{1}{2}my^2 = mgx$
 $y^2 = 2gx$
 $y = 4.4x^{0.5}$
- The experimental equation, $y = 3.4x^{0.5}$, is less than the theoretical equation, $y = 4.4x^{0.5}$. This is likely due to human errors in measuring time.
- Release the ball from a height of 8.3 cm.
- Collecting data of an object falling and striking the ground is difficult to perform. A ramp can be used because the height above the level track determines the ball's velocity on the level track. Once the ball reaches the level track, its velocity should be constant because of energy conservation.
- Answers will vary. Due to conservation of energy, PE_i and KE_f should be the same. Experimentally, work will be done by friction that will reduce the kinetic energy.
- Even with friction, the coefficient in the regression analysis gives enough agreement to confirm that energy is conserved.

Going Further

Answers will vary. The big problem is rotational energy. Depending on the size of the ball and the size of the track, the rotational kinetic energy can be equal to, or even greater than, the translational kinetic energy. Also, if the track touches the ball near its axis of rotation, then the ball can really get spinning. Using a small ball helps minimize rotational kinetic energy.

Real-World Physics

As a roller-coaster car descends a hill, gravitational potential energy is transferred to kinetic energy as the speed of the car increases.

ALTERNATIVE INQUIRY LAB

To Make this Lab an Inquiry Lab: Ask students to investigate the conservation of mechanical energy for a moving object. Students will have to devise a situation in which the PE and KE of the object changes. They will then need develop a procedure to measure ΔPE and ΔKE and show that $\Delta PE + \Delta KE = 0$. Have students choose their own materials for the activity. Students should discuss their plans and necessary safety precautions with you before beginning the activity.

Running Smarter

Background

Athletic footwear is a \$1-billion-per-year business in North America. Each part of the shoe shown in the diagram plays a specific role. The upper basically serves as a lightweight means of attaching the midsole and outsole to the foot. It also contributes to stability, holding the foot in place and preventing potentially injurious motions. The insert affects how the shoe fits, since it helps position the arch support. It also provides a little cushioning, helps dissipate heat, wicks away moisture, and may reduce odor if charcoal or other materials are included. The main purpose of the outsole is to supply traction and reduce wear and tear on the midsole.

Teaching Strategies

- Ask your students to work in pairs to design a prototype running shoe. The prototype shoe should integrate recent sports research to come up with a shoe that appeals to beginners as well as serious runners.
- Students can create a poster that describes the features of the new shoe design as well as the science of the design.

Discussion

Track Shoes If you have students on the track team, ask them to bring their shoes to class. Have students discuss the differences between the design and function of racing flats and the deeply cushioned training shoes used by distance runners.

The Physics of Running Shoes Today's running shoes are high-tech marvels. They enhance performance and protect your body by acting as shock absorbers. How do running shoes help you win a race? They reduce your energy consumption, as well as allow you to use energy more efficiently. Good running shoes must be flexible enough to bend with your feet as you run, support your feet, and hold them in place. They must be lightweight and provide traction to prevent slipping.

Running Shoes as Shock Absorbers Today, much of the focus of running shoe technology centers on the cushioned midsole that plays a key role as a shock-absorber and performance enhancer. Each time a runner's foot hits the ground, the ground exerts an equal and opposite force on the runner's foot. This force can be nearly four times a runner's weight, causing aches and pains, shin splints, and damage to knees and ankles over long distances.

Cushioning is used in running shoes to decrease the force absorbed by the runner. As a runner's foot hits the ground and comes to a stop, its momentum changes. The change in momentum is $\Delta p = F\Delta t$, where F is the force on that object and Δt is the time during which the force acts. The cushioning causes the change of momentum to occur over an extended time and reduces the force of the foot on the ground. The decreased force reduces the damage to the runner's body.

Running Shoes Boost Performance

A shoe's cushioning system also affects energy consumption. The bones, muscles, ligaments,

and tendons of the foot and leg are a natural cushioning system. But operating this system requires the body to use stored energy to contract muscles. So if a shoe can be worn that assists a runner's natural cushioning system, the runner does not expend as much of his or her own stored energy. The energy the runner saved can be spent to run farther or faster.

The cushioned midsole uses the law of conservation of energy to return as much of the energy to the runner as possible. The runner's kinetic energy transforms to elastic potential energy, plus heat, when the runner's foot hits the running surface. If the runner can reduce the amount of energy that is lost as heat, the runner's elastic potential energy can be converted back to useful kinetic energy.

Bouncy, springy, elastic materials that resist crushing over time commonly are used to create the cushioned midsole. Options now range from silicon gel pads to complex fluid-filled systems and even springs to give a runner extra energy efficiency.

Upper



Insert



Midsole



Outsole



Going Further

1. **Use Scientific Explanations** Use physics to explain why manufacturers put cushioned midsoles in running shoes.
2. **Analyze** Which surface would provide more cushioning when running: a grassy field or a concrete sidewalk? Explain why that surface provides better cushioning.
3. **Research** Some people prefer to run barefoot, even in marathon races. Why might this be so?

Going Further

1. Manufacturers use cushioned midsoles to lengthen the time over which a change in momentum is exerted, thereby reducing the force and protecting the body.
2. A grassy field is a much better surface to run on because it has give to it. This allows the momentum of the runner's foot to change over a longer time interval, thus reducing the force on the foot.
3. Some runners present anecdotal evidence that running barefoot may reduce foot injuries.

11.1 The Many Forms of Energy

Vocabulary

- rotational kinetic energy (p. 287)
- gravitational potential energy (p. 288)
- reference level (p. 288)
- elastic potential energy (p. 291)

Key Concepts

- The kinetic energy of an object is proportional to its mass and the square of its velocity.
- The rotational kinetic energy of an object is proportional to the object's moment of inertia and the square of its angular velocity.
- When Earth is included in a system, the work done by gravity is replaced by gravitational potential energy.
- The gravitational potential energy of an object depends on the object's weight and its distance from Earth's surface.

$$PE = mgh$$

- The reference level is the position where the gravitational potential energy is defined to be zero.
- Elastic potential energy may be stored in an object as a result of its change in shape.
- Albert Einstein recognized that mass itself has potential energy. This energy is called rest energy.

$$E_0 = mc^2$$

11.2 Conservation of Energy

Vocabulary

- law of conservation of energy (p. 293)
- mechanical energy (p. 293)
- thermal energy (p. 295)
- elastic collision (p. 298)
- inelastic collision (p. 298)

Key Concepts

- The sum of kinetic and potential energy is called mechanical energy.

$$E = KE + PE$$

- If no objects enter or leave a system, the system is considered to be a closed system.
- If there are no external forces acting on a system, the system is considered to be an isolated system.
- The total energy of a closed, isolated system is constant. Within the system, energy can change form, but the total amount of energy does not change. Thus, energy is conserved.

$$KE_{\text{before}} + PE_{\text{before}} = KE_{\text{after}} + PE_{\text{after}}$$

- The type of collision in which the kinetic energy after the collision is less than the kinetic energy before the collision is called an inelastic collision.
- The type of collision in which the kinetic energy before and after the collision is the same is called an elastic collision.
- Momentum is conserved in collisions if the external force is zero. The mechanical energy may be unchanged or decreased by the collision, depending on whether the collision is elastic or inelastic.

Key Concepts

Summary statements can be used by students to review the major concepts of the chapter.



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Concept Mapping

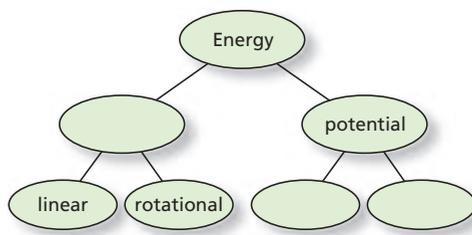
29. See Solutions Manual.

Mastering Concepts

30. The work done on an object causes a change in the object's energy. This is the work-energy theorem.
31. The wound-up watch spring has elastic potential energy. The functioning watch has elastic potential energy and rotational kinetic energy. The watch runs down when all of the energy has been converted to heat by friction in the gears and bearings.
32. A force exerted over a distance does work, which produces a change in energy.
33. **a.** The potential energies are different due to the different reference levels.
b. The changes in the potential energies as a result of the fall are equal because the change in h is the same for both reference levels.
c. The kinetic energies of the ball at any point are equal because the velocities are the same.
34. The kinetic energy of a baseball can never be negative because the kinetic energy depends on the square of the velocity, which is always positive.
35. The gravitational potential energy of a baseball can be negative if the height of the ball is lower than the reference level.
36. The sprinter's kinetic energy increases by a factor of 9, because the velocity is squared.
37. The pole-vaulter runs (kinetic energy) and bends the pole, thereby adding elastic potential energy to the pole. As she lifts her body, that kinetic and elastic potential energy is transferred into kinetic and gravitational potential energy. When she

Concept Mapping

29. Complete the concept map using the following terms: *gravitational potential energy, elastic potential energy, kinetic energy.*



Mastering Concepts

Unless otherwise directed, assume that air resistance is negligible.

30. Explain how work and a change in energy are related. (11.1)
31. What form of energy does a wound-up watch spring have? What form of energy does a functioning mechanical watch have? When a watch runs down, what has happened to the energy? (11.1)
32. Explain how energy change and force are related. (11.1)
33. A ball is dropped from the top of a building. You choose the top of the building to be the reference level, while your friend chooses the bottom. Explain whether the energy calculated using these two reference levels is the same or different for the following situations. (11.1)
a. the ball's potential energy at any point
b. the change in the ball's potential energy as a result of the fall
c. the kinetic energy of the ball at any point
34. Can the kinetic energy of a baseball ever be negative? (11.1)
35. Can the gravitational potential energy of a baseball ever be negative? Explain without using a formula. (11.1)
36. If a sprinter's velocity increases to three times the original velocity, by what factor does the kinetic energy increase? (11.1)
37. What energy transformations take place when an athlete is pole-vaulting? (11.2)
38. The sport of pole-vaulting was drastically changed when the stiff, wooden poles were replaced by flexible, fiberglass poles. Explain why. (11.2)

306 Chapter 11 Energy and Its Conservation For more problems, go to Additional Problems, Appendix B.

releases the pole, all of her energy is kinetic and gravitational potential energy.

38. A flexible, fiberglass pole can store elastic potential energy because it can be bent easily. This energy can be released to push the pole-vaulter higher vertically. By contrast, the wooden pole does not store elastic potential energy, and the pole-vaulter's maximum height is limited by the direct

39. You throw a clay ball at a hockey puck on ice. The smashed clay ball and the hockey puck stick together and move slowly. (11.2)
a. Is momentum conserved in the collision? Explain.
b. Is kinetic energy conserved? Explain.
40. Draw energy bar graphs for the following processes. (11.2)
a. An ice cube, initially at rest, slides down a frictionless slope.
b. An ice cube, initially moving, slides up a frictionless slope and instantaneously comes to rest.
41. Describe the transformations from kinetic energy to potential energy and vice versa for a roller-coaster ride. (11.2)
42. Describe how the kinetic energy and elastic potential energy are lost in a bouncing rubber ball. Describe what happens to the motion of the ball. (11.2)

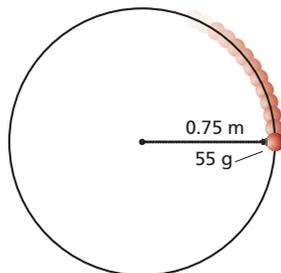
Applying Concepts

43. The driver of a speeding car applies the brakes and the car comes to a stop. The system includes the car but not the road. Apply the work-energy theorem to the following situations.
a. The car's wheels do not skid.
b. The brakes lock and the car's wheels skid.
44. A compact car and a trailer truck are both traveling at the same velocity. Did the car engine or the truck engine do more work in accelerating its vehicle?
45. **Catapults** Medieval warriors used catapults to assault castles. Some catapults worked by using a tightly wound rope to turn the catapult arm. What forms of energy are involved in catapulting a rock to the castle wall?
46. Two cars collide and come to a complete stop. Where did all of their energy go?
47. During a process, positive work is done on a system, and the potential energy decreases. Can you determine anything about the change in kinetic energy of the system? Explain.
48. During a process, positive work is done on a system, and the potential energy increases. Can you tell whether the kinetic energy increased, decreased, or remained the same? Explain.
49. **Skating** Two skaters of unequal mass have the same speed and are moving in the same direction. If the ice exerts the same frictional force on each skater, how will the stopping distances of their bodies compare?

conversion of kinetic energy to gravitational potential energy.

39. **a.** The total momentum of the ball and the puck together is conserved in the collision because there are no unbalanced forces on this system.
b. The total kinetic energy is not conserved. Part of it is lost in the smashing of the clay ball and the adhesion of the ball to the puck.

50. You swing a 55-g mass on the end of a 0.75-m string around your head in a nearly horizontal circle at constant speed, as shown in **Figure 11-16**.
- How much work is done on the mass by the tension of the string in one revolution?
 - Is your answer to part **a** in agreement with the work-energy theorem? Explain.



■ Figure 11-16

51. Give specific examples that illustrate the following processes.
- Work is done on a system, thereby increasing kinetic energy with no change in potential energy.
 - Potential energy is changed to kinetic energy with no work done on the system.
 - Work is done on a system, increasing potential energy with no change in kinetic energy.
 - Kinetic energy is reduced, but potential energy is unchanged. Work is done by the system.
52. **Roller Coaster** You have been hired to make a roller coaster more exciting. The owners want the speed at the bottom of the first hill doubled. How much higher must the first hill be built?
53. Two identical balls are thrown from the top of a cliff, each with the same speed. One is thrown straight up, the other straight down. How do the kinetic energies and speeds of the balls compare as they strike the ground?

Mastering Problems

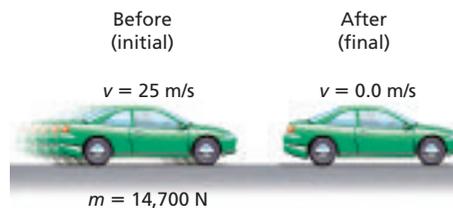
Unless otherwise directed, assume that air resistance is negligible.

11.1 The Many Forms of Energy

54. A 1600-kg car travels at a speed of 12.5 m/s. What is its kinetic energy?
55. A racing car has a mass of 1525 kg. What is its kinetic energy if it has a speed of 108 km/h?
56. Shawn and his bike have a combined mass of 45.0 kg. Shawn rides his bike 1.80 km in 10.0 min at a constant velocity. What is Shawn's kinetic energy?

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57. Tony has a mass of 45 kg and is moving with a speed of 10.0 m/s.
- Find Tony's kinetic energy.
 - Tony's speed changes to 5.0 m/s. Now what is his kinetic energy?
 - What is the ratio of the kinetic energies in parts **a** and **b**? Explain.
58. Katia and Angela each have a mass of 45 kg, and they are moving together with a speed of 10.0 m/s.
- What is their combined kinetic energy?
 - What is the ratio of their combined mass to Katia's mass?
 - What is the ratio of their combined kinetic energy to Katia's kinetic energy? Explain.
59. **Train** In the 1950s, an experimental train, which had a mass of 2.50×10^4 kg, was powered across a level track by a jet engine that produced a thrust of 5.00×10^5 N for a distance of 509 m.
- Find the work done on the train.
 - Find the change in kinetic energy.
 - Find the final kinetic energy of the train if it started from rest.
 - Find the final speed of the train if there had been no friction.
60. **Car Brakes** A 14,700-N car is traveling at 25 m/s. The brakes are applied suddenly, and the car slides to a stop, as shown in **Figure 11-17**. The average braking force between the tires and the road is 7100 N. How far will the car slide once the brakes are applied?



■ Figure 11-17

61. A 15.0-kg cart is moving with a velocity of 7.50 m/s down a level hallway. A constant force of 10.0 N acts on the cart, and its velocity becomes 3.20 m/s.
- What is the change in kinetic energy of the cart?
 - How much work was done on the cart?
 - How far did the cart move while the force acted?
62. How much potential energy does DeAnna with a mass of 60.0 kg, gain when she climbs a gymnasium rope a distance of 3.5 m?
63. **Bowling** A 6.4-kg bowling ball is lifted 2.1 m into a storage rack. Calculate the increase in the ball's potential energy.

Chapter 11 Assessment 307

40. **a.** See Solutions Manual.
b. See Solutions Manual.

41. On a roller-coaster ride, the car has mostly potential energy at the tops of the hills and mostly kinetic energy at the bottoms of the hills.
42. On each bounce, some, but not all, of the ball's kinetic energy is stored as elastic potential energy; the ball's deformation dissipates the rest of the energy as thermal energy and sound. After the bounce, the stored elastic potential energy is released as kinetic energy. Due to the energy losses in the deformation, each subsequent bounce begins with a smaller amount of kinetic energy, and results in the ball reaching a lower height. Eventually, all of the ball's energy is dissipated and the ball comes to rest.

Applying Concepts

43. **a.** If the car wheels do not skid, the brake surfaces rub against each other and do work that stops the car. The work that the brakes do is equal to the change in kinetic energy of the car. The brake surfaces heat up because the kinetic energy is transformed to thermal energy.
b. If the brakes lock and the car wheels skid, the wheels rubbing on the road are doing the work that stops the car. The tire surfaces heat up, not the brakes. This is not an efficient way to stop a car, and it ruins the tires.
44. The trailer truck has more kinetic energy, $KE = \frac{1}{2}mv^2$, because it has greater mass than the compact car. Thus, according to the work-energy theorem, the truck's engine must have done more work.
45. Elastic potential energy is stored in the wound rope, which does work on the rock. The rock has kinetic and potential energy as it flies through the air. When it

hits the wall, the inelastic collision causes most of the mechanical energy to be converted to thermal and sound energy and to do work breaking apart the wall structure.

46. The energy went into bending sheet metal on the cars. Energy was also lost due to frictional forces between the cars and the tires, and in the form of thermal energy and sound.

47. The work equals the change in the total mechanical energy, $W = \Delta(KE + PE)$. If W is positive and ΔPE is negative, then ΔKE must be positive and greater than W .
48. The work equals the change in the total mechanical energy, $W = \Delta(KE + PE)$. If W is positive and ΔPE is positive, then you cannot say anything conclusive about ΔKE .

49. The larger skater will go farther before stopping.
50. a. No work is done by the tension force on the mass because the tension is pulling perpendicular to the motion of the mass.
b. This does not violate the work-energy theorem because the kinetic energy of the mass is constant; it is moving at a constant speed.
51. a. pushing a hockey puck horizontally across ice; system consists of hockey puck only
b. dropping a ball; system consists of ball and Earth
c. compressing the spring in a toy pistol; system consists of spring only
d. A car speeding on a level track reduces its speed.
52. The hill must be made higher by a factor of 4.
53. Even though the balls are moving in opposite directions, they have the same kinetic energy and potential energy when thrown. They will have the same mechanical energy and speed when they hit the ground.

Mastering Problems

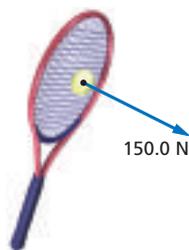
11.1 The Many Forms of Energy

Level 1

54. $1.3 \times 10^5 \text{ J}$
55. $6.86 \times 10^5 \text{ J}$
56. 203 J
57. a. $2.3 \times 10^3 \text{ J}$ b. $5.6 \times 10^2 \text{ J}$
c. Twice the velocity gives four times the kinetic energy. The kinetic energy is proportional to the square of the velocity.

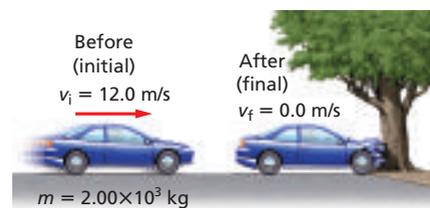
58. a. $4.5 \times 10^3 \text{ J}$ b. $\frac{2}{1}$

64. Mary weighs 505 N. She walks down a flight of stairs to a level 5.50 m below her starting point. What is the change in Mary's potential energy?
65. **Weightlifting** A weightlifter raises a 180-kg barbell to a height of 1.95 m. What is the increase in the potential energy of the barbell?
66. A 10.0-kg test rocket is fired vertically from Cape Canaveral. Its fuel gives it a kinetic energy of 1960 J by the time the rocket engine burns all of the fuel. What additional height will the rocket rise?
67. Antwan raised a 12.0-N physics book from a table 75 cm above the floor to a shelf 2.15 m above the floor. What was the change in the potential energy of the system?
68. A hallway display of energy is constructed in which several people pull on a rope that lifts a block 1.00 m. The display indicates that 1.00 J of work is done. What is the mass of the block?
69. **Tennis** It is not uncommon during the serve of a professional tennis player for the racket to exert an average force of 150.0 N on the ball. If the ball has a mass of 0.060 kg and is in contact with the strings of the racket, as shown in **Figure 11-18**, for 0.030 s, what is the kinetic energy of the ball as it leaves the racket? Assume that the ball starts from rest.



■ Figure 11-18

70. Pam, wearing a rocket pack, stands on frictionless ice. She has a mass of 45 kg. The rocket supplies a constant force for 22.0 m, and Pam acquires a speed of 62.0 m/s.
a. What is the magnitude of the force?
b. What is Pam's final kinetic energy?
71. **Collision** A 2.00×10^3 -kg car has a speed of 12.0 m/s. The car then hits a tree. The tree doesn't move, and the car comes to rest, as shown in **Figure 11-19**.
a. Find the change in kinetic energy of the car.
b. Find the amount of work done as the front of the car crashes into the tree.
c. Find the size of the force that pushed in the front of the car by 50.0 cm.

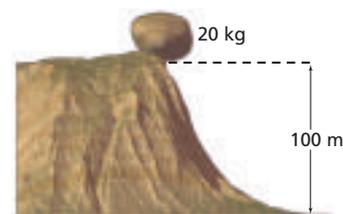


■ Figure 11-19

72. A constant net force of 410 N is applied upward to a stone that weighs 32 N. The upward force is applied through a distance of 2.0 m, and the stone is then released. To what height, from the point of release, will the stone rise?

11.2 Conservation of Energy

73. A 98.0-N sack of grain is hoisted to a storage room 50.0 m above the ground floor of a grain elevator.
a. How much work was done?
b. What is the increase in potential energy of the sack of grain at this height?
c. The rope being used to lift the sack of grain breaks just as the sack reaches the storage room. What kinetic energy does the sack have just before it strikes the ground floor?
74. A 20-kg rock is on the edge of a 100-m cliff, as shown in **Figure 11-20**.
a. What potential energy does the rock possess relative to the base of the cliff?
b. The rock falls from the cliff. What is its kinetic energy just before it strikes the ground?
c. What speed does the rock have as it strikes the ground?



■ Figure 11-20

75. **Archery** An archer puts a 0.30-kg arrow to the bowstring. An average force of 201 N is exerted to draw the string back 1.3 m.
a. Assuming that all the energy goes into the arrow, with what speed does the arrow leave the bow?
b. If the arrow is shot straight up, how high does it rise?

308 Chapter 11 Energy and Its Conservation For more problems, go to Additional Problems, Appendix B.

c. $\frac{2}{1}$; The ratio of their combined kinetic

energies to Katia's kinetic energy is the same as the ratio of their combined mass to Katia's mass. Kinetic energy is proportional to mass.

59. a. $2.55 \times 10^8 \text{ J}$ b. $2.55 \times 10^8 \text{ J}$
c. $2.55 \times 10^8 \text{ J}$ d. 143 m/s

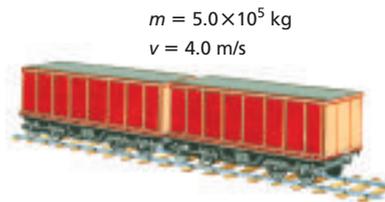
60. 66 m

61. a. -345 J b. -345 J
c. 34.5 m

62. $2.1 \times 10^3 \text{ J}$

63. $1.3 \times 10^2 \text{ J}$

76. A 2.0-kg rock that is initially at rest loses 407 J of potential energy while falling to the ground. Calculate the kinetic energy that the rock gains while falling. What is the rock's speed just before it strikes the ground?
77. A physics book of unknown mass is dropped 4.50 m. What speed does the book have just before it hits the ground?
78. **Railroad Car** A railroad car with a mass of 5.0×10^5 kg collides with a stationary railroad car of equal mass. After the collision, the two cars lock together and move off at 4.0 m/s, as shown in **Figure 11-21**.
- Before the collision, the first railroad car was moving at 8.0 m/s. What was its momentum?
 - What was the total momentum of the two cars after the collision?
 - What were the kinetic energies of the two cars before and after the collision?
 - Account for the loss of kinetic energy.



■ **Figure 11-21**

79. From what height would a compact car have to be dropped to have the same kinetic energy that it has when being driven at 1.00×10^2 km/h?
80. Kelli weighs 420 N, and she is sitting on a playground swing that hangs 0.40 m above the ground. Her mom pulls the swing back and releases it when the seat is 1.00 m above the ground.
- How fast is Kelli moving when the swing passes through its lowest position?
 - If Kelli moves through the lowest point at 2.0 m/s, how much work was done on the swing by friction?
81. Hakeem throws a 10.0-g ball straight down from a height of 2.0 m. The ball strikes the floor at a speed of 7.5 m/s. What was the initial speed of the ball?
82. **Slide** Lorena's mass is 28 kg. She climbs the 4.8-m ladder of a slide and reaches a velocity of 3.2 m/s at the bottom of the slide. How much work was done by friction on Lorena?
83. A person weighing 635 N climbs up a ladder to a height of 5.0 m. Use the person and Earth as the system.
- Draw energy bar graphs of the system before the person starts to climb the ladder and after the person stops at the top. Has the mechanical energy changed? If so, by how much?
 - Where did this energy come from?

Mixed Review

84. Suppose a chimpanzee swings through the jungle on vines. If it swings from a tree on a 13-m-long vine that starts at an angle of 45° , what is the chimp's velocity when it reaches the ground?
85. An 0.80-kg cart rolls down a frictionless hill of height 0.32 m. At the bottom of the hill, the cart rolls on a flat surface, which exerts a frictional force of 2.0 N on the cart. How far does the cart roll on the flat surface before it comes to a stop?
86. **High Jump** The world record for the men's high jump is about 2.45 m. To reach that height, what is the minimum amount of work that a 73.0-kg jumper must exert in pushing off the ground?
87. A stuntwoman finds that she can safely break her fall from a one-story building by landing in a box filled to a 1-m depth with foam peanuts. In her next movie, the script calls for her to jump from a five-story building. How deep a box of foam peanuts should she prepare?
88. **Football** A 110-kg football linebacker has a head-on collision with a 150-kg defensive end. After they collide, they come to a complete stop. Before the collision, which player had the greater momentum and which player had the greater kinetic energy?
89. A 2.0-kg lab cart and a 1.0-kg lab cart are held together by a compressed spring. The lab carts move at 2.1 m/s in one direction. The spring suddenly becomes uncompressed and pushes the two lab carts apart. The 2-kg lab cart comes to a stop, and the 1.0-kg lab cart moves ahead. How much energy did the spring add to the lab carts?
90. A 55.0-kg scientist roping through the top of a tree in the jungle sees a lion about to attack a tiny antelope. She quickly swings down from her 12.0-m-high perch and grabs the antelope (21.0 kg) as she swings. They barely swing back up to a tree limb out of reach of the lion. How high is this tree limb?

64. -2.78×10^3 J

65. 3.4×10^3 J

66. 20.0 m

67. 17 J

68. 0.102 kg

Level 2

69. 1.7×10^2 J

70. a. 8.6×10^4 J b. 3.9×10^3 N

71. a. -1.44×10^5 J b. -1.44×10^5 J
c. -2.88×10^5 N

72. 26 m

11.2 Conservation of Energy

Level 1

73. a. 4.90×10^3 J b. 4.90×10^3 J
c. 4.90×10^3 J

74. a. 2×10^4 J b. 2×10^4 J
c. 40 m/s

75. a. 42 m/s b. 8.9×10^1 m

76. 407 J, 2.0×10^1 m/s

77. 9.39 m/s

78. a. 4.0×10^6 kg·m/s
b. 4.0×10^6 kg·m/s
c. before: 1.6×10^7 J;
after: 8.0×10^6 J
d. The kinetic energy was converted into heat and sound.

79. 39.4 m

Level 2

80. a. 3.4 m/s b. -1.7×10^2 J

81. 4.1 m/s

82. -1.2×10^3 J

83. a. See Solutions Manual. Yes, by 3200 J.
b. From the internal energy of the person.

Mixed Review

Level 1

84. 8.6 m/s

85. 1.3 m

86. 1.75 kJ

87. The depth of the foam peanuts should also be increased five times, to 5 m.

88. The two players had equal and opposite momenta before the collision. The energy loss for each player was

$$\frac{1}{2}mv^2 = \frac{1}{2}\left(\frac{m^2v^2}{m}\right) = \frac{p^2}{2m}$$

Because the momenta were equal but $m_{\text{linebacker}} < m_{\text{end}}$ the linebacker lost more energy.

89. 13.2 J added by the spring
 90. 6.28 m
 91. The cart would not reach the bottom of the hill.

Level 3

92. 0.67 kg
 93. 1.5×10^3 J

Thinking Critically

94. 73 m/s
 95. a. all of the energy
 b. The energy transferred to m_2 will be minimal.
 c. hydrogen

$$96. v_{A2} = \frac{m_A - m_B}{m_A + m_B} v_{A1} + \frac{2m_B}{m_A + m_B} v_{B1}$$

97. $v_1 = 6.7$ m/s

Writing in Physics

98. The Sun's energy is absorbed in the form of thermal energy. Plants convert part of the visible radiation into chemical energy. Some of the energy radiates back to space.
 99. Potential energy is released through either fission or fusion. Chemical potential energy is released when molecules are broken up or rearranged. Separation of electric charges produces electric potential energy, which is converted to kinetic energy. Solar energy is fusion energy converted to electromagnetic radiation.

Cumulative Review

100. 6.0×10^{24} kg
 101. a. -0.500 kg·m/s
 b. -0.995 kg·m/s
 c. when the bullet ricochets
 102. a. 150 b. 66 m

91. An 0.80-kg cart rolls down a 30.0° hill from a vertical height of 0.50 m as shown in **Figure 11-22**. The distance that the cart must roll to the bottom of the hill is $0.50 \text{ m} / \sin 30.0^\circ = 1.0$ m. The surface of the hill exerts a frictional force of 5.0 N on the cart. Does the cart roll to the bottom of the hill?

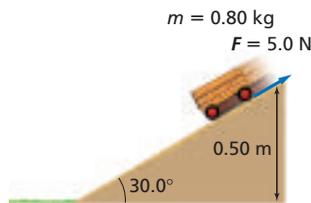


Figure 11-22

92. Object A, sliding on a frictionless surface at 3.2 m/s, hits a 2.0-kg object, B, which is motionless. The collision of A and B is completely elastic. After the collision, A and B move away from each other at equal and opposite speeds. What is the mass of object A?
 93. **Hockey** A 90.0-kg hockey player moving at 5.0 m/s collides head-on with a 110-kg hockey player moving at 3.0 m/s in the opposite direction. After the collision, they move off together at 1.0 m/s. How much energy was lost in the collision?

Thinking Critically

94. **Apply Concepts** A golf ball with a mass of 0.046 kg rests on a tee. It is struck by a golf club with an effective mass of 0.220 kg and a speed of 44 m/s. Assuming that the collision is elastic, find the speed of the ball when it leaves the tee.
 95. **Apply Concepts** A fly hitting the windshield of a moving pickup truck is an example of a collision in which the mass of one of the objects is many times larger than the other. On the other hand, the collision of two billiard balls is one in which the masses of both objects are the same. How is energy transferred in these collisions? Consider an elastic collision in which billiard ball m_1 has velocity v_1 and ball m_2 is motionless.
 a. If $m_1 = m_2$, what fraction of the initial energy is transferred to m_2 ?
 b. If $m_1 \gg m_2$, what fraction of the initial energy is transferred to m_2 ?
 c. In a nuclear reactor, neutrons must be slowed down by causing them to collide with atoms. (A neutron is about as massive as a proton.) Would hydrogen, carbon, or iron atoms be more desirable to use for this purpose?

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96. **Analyze and Conclude** In a perfectly elastic collision, both momentum and mechanical energy are conserved. Two balls, with masses m_A and m_B , are moving toward each other with speeds v_A and v_B , respectively. Solve the appropriate equations to find the speeds of the two balls after the collision.
 97. **Analyze and Conclude** A 25-g ball is fired with an initial speed of v_1 toward a 125-g ball that is hanging motionless from a 1.25-m string. The balls have a perfectly elastic collision. As a result, the 125-g ball swings out until the string makes an angle of 37.0° with the vertical. What is v_1 ?

Writing in Physics

98. All energy comes from the Sun. In what forms has this solar energy come to us to allow us to live and to operate our society? Research the ways that the Sun's energy is turned into a form that we can use. After we use the Sun's energy, where does it go? Explain.
 99. All forms of energy can be classified as either kinetic or potential energy. How would you describe nuclear, electric, chemical, biological, solar, and light energy, and why? For each of these types of energy, research what objects are moving and how energy is stored in those objects.

Cumulative Review

100. A satellite is placed in a circular orbit with a radius of 1.0×10^7 m and a period of 9.9×10^3 s. Calculate the mass of Earth. *Hint: Gravity is the net force on such a satellite. Scientists have actually measured the mass of Earth this way. (Chapter 7)*
 101. A 5.00-g bullet is fired with a velocity of 100.0 m/s toward a 10.00-kg stationary solid block resting on a frictionless surface. (Chapter 9)
 a. What is the change in momentum of the bullet if it is embedded in the block?
 b. What is the change in momentum of the bullet if it ricochets in the opposite direction with a speed of 99 m/s?
 c. In which case does the block end up with a greater speed?
 102. An automobile jack must exert a lifting force of at least 15 kN. (Chapter 10)
 a. If you want to limit the effort force to 0.10 kN, what mechanical advantage is needed?
 b. If the jack is 75% efficient, over what distance must the effort force be exerted in order to raise the auto 33 cm?

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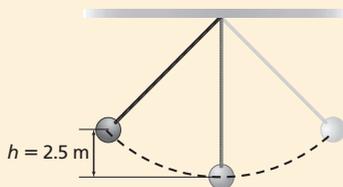


Multiple Choice

- A bicyclist increases her speed from 4.0 m/s to 6.0 m/s. The combined mass of the bicyclist and the bicycle is 55 kg. How much work did the bicyclist do in increasing her speed?

Ⓐ 11 J Ⓒ 55 J
Ⓑ 28 J Ⓓ 550 J
- The illustration below shows a ball swinging freely in a plane. The mass of the ball is 4.0 kg. Ignoring friction, what is the maximum kinetic energy of the ball as it swings back and forth?

Ⓐ 0.14 m/s Ⓒ 7.0 m/s
Ⓑ 21 m/s Ⓓ 49 m/s



- You lift a 4.5-kg box from the floor and place it on a shelf that is 1.5 m above the ground. How much energy did you use in lifting the box?

Ⓐ 9.0 J Ⓒ 11 J
Ⓑ 49 J Ⓓ 66 J
- You drop a 6.0×10^{-2} -kg ball from a height of 1.0 m above a hard, flat surface. The ball strikes the surface and loses 0.14 J of its energy. It then bounces back upward. How much kinetic energy does the ball have just after it bounces off the flat surface?

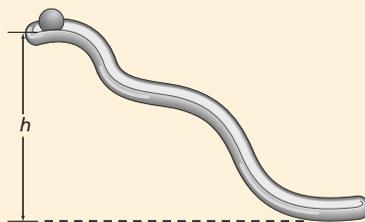
Ⓐ 0.20 J Ⓒ 0.45 J
Ⓑ 0.59 J Ⓓ 0.73 J
- You move a 2.5-kg book from a shelf that is 1.2 m above the ground to a shelf that is 2.6 m above the ground. What is the change in the book's potential energy?

Ⓐ 1.4 J Ⓒ 3.5 J
Ⓑ 25 J Ⓓ 34 J

- A ball of mass m rolls along a flat surface with a speed of v_1 . It strikes a padded wall and bounces back in the opposite direction. The energy of the ball after striking the wall is half its initial energy. Ignoring friction, which of the following expressions gives the ball's new speed as a function of its initial speed?

Ⓐ $\frac{1}{2}v_1$ Ⓒ $\sqrt{2}(v_1)$
Ⓑ $\frac{\sqrt{2}}{2}(v_1)$ Ⓓ $2v_1$
- The illustration below shows a ball on a curved track. The ball starts with zero velocity at the top of the track. It then rolls from the top of the track to the horizontal part at the ground. Ignoring friction, its velocity just at the moment it reaches the ground is 14 m/s. What is the height, h , from the ground to the top of the track?

Ⓐ 7 m Ⓒ 10 m
Ⓑ 14 m Ⓓ 20 m



Extended Answer

- A box sits on a platform supported by a compressed spring. The box has a mass of 1.0 kg. When the spring is released, it gives 4.9 J of energy to the box, and the box flies upward. What will be the maximum height above the platform reached by the box before it begins to fall?

✓ Test-Taking TIP

Use the Process of Elimination

On any multiple-choice test, there are two ways to find the correct answer to each question. Either you can choose the right answer immediately or you can eliminate the answers that you know are wrong.

Rubric

The following rubric is a sample scoring device for extended response questions.

Extended Response

Points	Description
4	The student demonstrates a thorough understanding of the physics involved. The response may contain minor flaws that do not detract from the demonstration of a thorough understanding.
3	The student demonstrates an understanding of the physics involved. The response is essentially correct and demonstrates an essential but less than thorough understanding of the physics.
2	The student demonstrates only a partial understanding of the physics involved. Although the student may have used the correct approach to a solution or may have provided a correct solution, the work lacks an essential understanding of the underlying physical concepts.
1	The student demonstrates a very limited understanding of the physics involved. The response is incomplete and exhibits many flaws.
0	The student provides a completely incorrect solution or no response at all.

Multiple Choice

1. D 2. C 3. D
4. C 5. D 6. B
7. C

Extended Answer

8. 0.50 m